

2023 Little 500[®] Manual



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Section I: Introduction

Welcome to Riders

Congratulations and welcome to the 2023 Little 500! The Little 500 is one of the most incredible events not only at Indiana University, but in the country. Hailed as the largest collegiate intramural sporting event, the Little 500 is truly an event unlike anything you will ever see or experience. The Indiana University Student Foundation (“IUSF”) is proud to present the 72nd running of the men’s race and the 35th running of the women’s race.

This Little 500 Rider Manual (“Manual”) contains a comprehensive listing of rules, regulations, training and medical procedures, eligibility guidelines, and important dates. Please read the entire Manual carefully. IUSF reserves the right to penalize any team or other volunteer that does not follow rules and policies outlined in the Manual. If you have a question, it will likely be answered in this Manual.

IUSF’s full-time staff is dedicated to managing the races in an organized and fair manner. The IUSF Director, **Trent McGee**, oversees the Student Foundation and is the connection to the IU Foundation. In addition, Trent advises the Alumni and Student Engagement Committee, Freshman Council, and Membership Committee. **Emily Carrico**, Little 500 Race Director, oversees the cycling events in the fall and all track activities in the spring. Hank also advises Fall Cycling and Little 500 Cycling Committees, as well as the Little 500 Riders Council. Additionally, **Beth Miller** serves as the Assistant Director of Operations. She is responsible for all business operations of IUSF and advises the Marketing Committee. **Emily Tipton**, IUSF’s office coordinator, oversees the loaner bike program, as well as our day-to-day operations at the Wilcox House.

STEERING COMMITTEE: While on the track, you will be in contact with members of the IUSF Steering Committee, the organization’s student governing body. Specifically, you will see members of the Little 500 Cycling Committee (L5C2). They are charged with the day-to-day management of track practices, qualifications, series events, and pre-race meetings.

RIDERS COUNCIL: The Riders Council is another group you will see daily. The Riders Council is made up of veteran riders that are leaders on and off the track. They are charged with increasing participation, developing teams and riders within the Little 500 community, teaching first-year riders the basics of riding and Little 500, and helping to increase safety by conducting educational clinics and workshops throughout the Little 500 season. They will be easily recognizable with their Riders Council jackets. Do not hesitate to approach them and ask for help!

Again, congratulations on your participation, and keep up the hard work!

Best regards,
Indiana University Student Foundation Staff

Section I: Introduction

The Indiana University Student Foundation and History of the Little 500

Proud History

In 1951, the inaugural Little 500 bicycle race was held. It began as the project of a new student group on the Indiana University campus known at that time as the “Student Foundation Committee” of the IU Foundation. The race was a brainchild of Howard “Howdy” S. Wilcox. After watching IU students race bicycles around their dorms, he was inspired to organize a bicycle race patterned after the Indianapolis 500, a race that his father had won in 1919.

The event was to be intramural in nature and designed for all Indiana University undergraduate students. It featured thirty-three, four-person teams representing their respective housing units. The purpose of the event was to raise money that would provide scholarships for students on the Bloomington campus. The first Little 500 was a tremendous success and consequently spurred further development of the IUSF.

In 1987, Kappa Alpha Theta sorority entered a team in the Little 500 and attempted to qualify for, what was then, an all-male event. They narrowly missed making the field, but in doing so, demonstrated the interest felt by the women on campus in having a race of their own. So in 1988, the first women's Little 500 took place.

IUSF is proud of its efforts to grow the Little 500. Since its inception in 1950, IUSF has grown to an organization of several hundred student members annually with over 21,000 alumni. Even more importantly, the proceeds from the races are used to award scholarships to undergraduate students. To date, more than \$2,000,000 has been raised by events affiliated with the Little 500.

Current Traditions

Today, the IUSF is the student-programming arm of the Indiana University Foundation (the “IU Foundation”), a nonprofit organization established to raise funds for Indiana University and its students. IUSF aids in the fundraising efforts of the IU Foundation while also cultivating participation in leadership-development activities and programming by IUSF's undergraduate members. The mission of the IUSF is to grow lifetime commitment to and support for Indiana University through student-led programming and leadership development opportunities that are educational, philanthropic, and fun.

The IUSF is the sponsoring organization of not only the Little 500 cycling events, but many other activities throughout the year such as the Metz Grant Program, Thank a Donor Day, Fall Cycling Series, IUSF Leadership Awards, and several other philanthropic leadership initiatives.



Section I: Introduction

The goals of IUSF are to:

- Provide members with excellent programs that offer enriching student-led leadership and social opportunities.
- Educate the student body about the importance of private support to Indiana University.
- Build the endowment fund for IUSF operations, with continued support of the IU Foundation.
- Ensure the Little 500 weekend remains a successful signature event, one steeped in tradition yet relevant to the contemporary campus community.
- Increase the opportunities for alumni to engage with IUSF and Indiana University.
- Communicate a consistent brand and image for IUSF and the Little 500.

The goals of the Little 500 races are to:

- Provide a fun, worthwhile intramural activity for the campus.
- Foster spirited rivalries.
- Provide an environment where eligible teams have an equal opportunity and realistic chance for success.
- Provide riders with leadership opportunities.
- Promote the event in a way that encourages team support by spectators.
- Create an opportunity for Little 500 alumni to return and enjoy the event.
- Generate various income streams to fund student scholarships



Section I: Introduction

This Manual

This Manual is applicable to all Little 500 riders, alumni coaches, student coaches, team representatives, and other race volunteers. It contains important policies, rules and practices that help to support a safe and fun racing environment at all Little 500 Events (Fall Cycling Series, Skills Clinics, Tuesday Night Race Series, Friday Rides, Track Practice, Spring Cycling Series, Qualifications, and the Little 500 Races). At certain points throughout the Manual, specific penalties may be noted for failure to comply with a rule or policy. In addition, IUSF retains the right to assess additional penalties, including but limited to disqualification from the race, to any team (or team representative) that fails to adhere to any rule outlined in this Manual.

Please also note that, although IUSF makes every effort not to change policies or rules after the Fall Semester begins, IUSF reserves the right to make any amendment to the policies or rules in this Manual when necessary or prudent. Any amendment, adjustment, revision or change to the eligibility rules will only be made after a reasonable notice period.

New for 2023

Please take note of the following material changes to the rules. This is intended only to highlight changes and not as a substitute for the full text of the Manual.

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Team mechanics are required to attend a Team Mechanic Meeting on Tuesday, April 19, 2023

All dates, times, and deadlines are subject to change.

Mandatory Meetings and Functions

Pre-Race Penalties

The following meetings and/or functions are mandatory for every team, which means that at least **one registered Little 500 team member** from every team is required to attend. Failure to have at least one registered Little 500 team member in attendance at each of these meetings will result in a two (2)-second penalty for your team during the first 20 laps of the race.

Qualifications Meeting	Monday	March 20
Jersey/Pit Selection	Monday.....	March 27
Pit Board Design Due (First-Year Teams Only)	Friday.....	March 31
Practice Start	Tuesday	April 4
Practice Race	Wednesday.....	April 12
Practice Start	Monday	April 17
Final Race Briefing	Monday.....	April 17
Lap Counter/Race Final Four Cards Due	Monday.....	April 17
Team Mechanic Meeting	Tuesday	April 18
Team Lap Counter Meeting	Wednesday	April 19
Women's Bike Turn-In	Wednesday	April 19
Men's Bike Turn-In.....	Thursday.....	April 20

Section II: General Information

Track Practice Times

Day	Early	Late
Monday	2:30 pm–6:00 pm Women	6:15 pm–9:45 pm Men
Tuesday	2:30 pm–6:00 pm Men	6:15 pm–9:45 pm Women
Wednesday	2:30 pm–6:00 pm Men	6:15 pm–9:45 pm Women
Thursday	2:30 pm–6:00 pm Women	6:15 pm–9:45 pm Men
Friday	2:30 pm–4:45 pm Alternates	5:00 pm–7:15 pm Alternates

*Women will have early track practice the first Friday the track is open. After that, women and men will alternate track practice times every other Friday.

Track Closures and Adjustments

Practice Qualifications: Tuesday, March 21 & Wednesday, March 22

Men: 2:30–4:00 pm

Women: 4:15–5:45pm

Scheduled Qualifications Practice: 6:00–10:00 pm

Race Week: April 17 through April 19..... 2:30–4:45/5:00–7:15 pm



Rider Track Hour Requirements

All riders must sign in and sign out with an IUSF volunteer at each event or track practice to properly log hours and receive credit for rookie and veteran requirements. Riders failing to meet the requirements and minimums will be ineligible to participate with their teams in any Little 500 Event. All dates, times, and locations for events listed below can be found at iusf.indiana.edu under the “Riders” tab.

Rookie Rider Requirements

Any student wishing to participate in the Little 500 must complete Rookie Requirements. Rookie Requirements are offered in the both the fall and spring semester. Students may choose to complete Fall Rookie Requirements or Spring Rookie Requirements, and students must complete them within one semester.

Fall Rookie Requirements

- Complete three (3) out the four (4) Little 500 Skills Clinics
- Participate in four (4) out of the six (6) fall cycling events
- Attend three (3) out of the six (6) Little 500 Wilcox Rides
- Attend one (1) of the two (2) Rookie Seminars
- Pass the Rookie Exam with 85% or more correct answers
- Participate in a minimum of two (2) of the three (3) Spring Cycling Series Events
- Must meet a minimum of 7.5 hours at track practice by Friday, March 24 to ride in Qualifications
- Must meet a minimum of 17.5 hours at the track by Thursday, April 20 to ride in the race
- Complete the [Sexual Misconduct and Workplace Boundaries workshop and quiz](#)

Spring Rookie Requirements

- Must meet a minimum of 17 hours at the track during Rookie Week, a two-week workshop lead by Riders Council
 - At least five (5) hours must be logged during the first week of Rookie Week
 - At least five (5) hours must be logged during the second week of Rookie Week
- Participate in a minimum of two (2) of three (3) Spring Cycling Series Events
- Pass the online Rookie exam with 85% or more correct answers
- Must meet a minimum of 7.5 hours at track practice by Friday, March 24 to ride in Qualifications
- Must meet a minimum of 17.5 hours at the track by Thursday, April 20 to ride in the race
- Complete the [Sexual Misconduct and Workplace Boundaries workshop and quiz](#)



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Veteran Rider Requirements

- Must meet a minimum of 7.5 hours at track practice by Friday, March 24 to ride in Qualifications
- Must meet a minimum of 17.5 hours at the track by Thursday, April 20 to ride in the race



Little 500 Training and Medical Rules and Policies

Evaluation of a Little 500-related Injury

IUSF recommends that all participants undergo a physical examination from a qualified physician before participating in either practice or Little 500 events.

All participants injured during a Little 500 Event are required to see the IC-EMS EMT or First Aider on duty for an evaluation of the injury. The IC-EMS EMT or First Aider on site will suggest treatment and determine next steps. An IUSF representative will fill out an accident report form for each person who is examined and/or treated at the IC-EMS station. This report will contain accident details and will be held on file with IUSF.

If IC-EMS decides that the injured rider needs to see a physician or go to the IU Health Center, the rider must receive a medical release from an authorized medical professional in order to participate in any Little 500 Event again. This medical release must include proof and signature that the medical professional has examined the injured person and released them to participate in Little 500 events again. This medical release should be emailed to iusf@indiana.edu. IUSF cannot legally request a medical professional's permission for a rider to resume practice; however, IUSF can insist on a signed statement from a medical professional that they have seen the injured rider.

Any person who participates in a Little 500 event who did not report an injury to IUSF or obtain and submit to IUSF the medical release required in this section shall be subject to disqualification from this year's Little 500 race at IUSF's sole discretion. Any team which knowingly allows such a violation by one of their riders shall be subject to disqualification at IUSF's sole discretion. IUSF disclaims any liability for a participant's failure to comply with a healthcare provider's instruction to refrain from participating in Little 500 events.

Insurance

All participants must be covered by a personal health insurance policy. IUSF carries accident insurance to offset the costs of medical care for participants who are injured during a Little 500 Event. Coverage under the IUSF insurance policy is effective only during the Fall and Spring semesters. To claim reimbursement for medical expenses under the policy, the accident that caused the injuries must be on file with IC-EMS and IUSF. **Coverage under the IUSF policy is limited to \$5,000 with no deductible; all medical expenses more than this limit must be covered by the participant and/or their insurance.** *IUSF reserves the right to change or terminate this insurance at any time without notice.*

Rider Waiver

Every rider, student coach, and alumni coach planning to participate in any Little 500 activity or the race is required to sign a waiver provided by IUSF. This waiver is available online through

Section III: Policies

event registration in the fall and Little 500 rider registration in the spring. The coach waiver is available online through the coach tutorial.



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Little 500 Official Sponsorship Policy

Upon qualification into the race, IUSF selects and assigns race day sponsors for each Little 500 team. These are general sponsorships of the race activities, and the IU Foundation determines the sponsorship fee. Official sponsorships help offset the costs of adequate track preparation, bikes and bike repair, race jerseys, and other race related expenses. Once a team has received its official sponsor it may not request additional funds from that sponsor, nor may any existing official race sponsor be solicited for financial support.

On race day, teams may only recognize the official sponsor assigned to each team by IUSF. For purposes of this policy, “recognition” includes, but is not limited to, sponsor recognition on clothing, pit boards, flags, etc. Please also note that business and for-profit commercial entities are not permitted as a team name.

IUSF also requests that each team send its official sponsor information and pictures about the team and its members. Many sponsors send representatives to the race and are interested in knowing more about their teams. Names and addresses of sponsor contacts will be provided by IUSF.

Teams may independently solicit additional unrelated third parties for sponsorship with the understanding that no official Little 500 race day premiums or recognition will be provided by IUSF.



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Little 500 Team Name Policy

Indiana University student organizations in good standing with the University may be used as team names. Business and for-profit commercial entities are not permitted as a team name. Use of any student organization name no longer recognized by Indiana University is prohibited. Additionally, any reference (including but not limited to symbols, colors, initials) to said organization is prohibited.

Little 500 team names may not be used in connection with, or in reference to: drugs, tobacco, alcohol, sexual innuendo or in other contexts that in the sole opinion of IUSF would reflect negatively on IUSF, the IU Foundation, Indiana University or the Indianapolis Motor Speedway.



Little 500 Stadium Entrance and Parking Policy

The only entrance to the Bill Armstrong Stadium for spectators and volunteers is the path off Fee Lane, leading to the northwest corner of the track. There is ample parking in the Bill Armstrong Stadium parking lot for use by riders.

Riders and coaches are not allowed to park within the gates of Bill Armstrong Stadium, i.e. near the track, underneath the bleachers, or by the fencing. Cars parked inside the stadium will be towed without warning.

Use of St. Paul's Catholic Church parking lot for any reason is strictly prohibited to all riders, coaches, spectators, and volunteers. Violation of this rule will result in the car being towed and disciplinary action being taken against the responsible team. Teams are responsible for informing their spectators of this rule.

No parking or drop off is allowed at Bill Armstrong Stadium parking lot during race week. Rider and gear drop off is permitted on race days only at Bill Armstrong Stadium parking lot.



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Little 500 Trademark Policy

“Little 500®” is a registered trademark owned by the Indianapolis Motor Speedway (IMS) and licensed to IUSF. IUSF is responsible for ensuring that all items, including apparel, bearing the trademark adhere to the terms of the license from IMS.

If a team intends to have Little 500 appear on any team apparel, it must complete the Little 500 Trademark Contract, and submit it to IUSF via email at iusf@indiana.edu.

After submission of the Trademark Contract, please contact the following approved vendors for any Little 500 apparel needs:

- Logos Express - matt@logosexpress.com or (317) 272-1200
- Indiana Shop – maclaine.stahl@gamedayspirit.com or (217) 302-8103
- University Tees – babourmrads@utees.com or (440) 665-0134

When ordering apparel, please note that you may use only the trademarked phrase “Little 500.” “Lil 5”, “Little 5”, “Little Five Hundred”, etc. are not approved uses of the trademark. In addition, the Little 500 name may not be used in connection with, or in reference to: drugs, tobacco, alcohol, sexual innuendo or in other contexts that in the sole opinion of IUSF would reflect negatively on IUSF, the IU Foundation, Indiana University or the Indianapolis Motor Speedway. IUSF does not support the use of parody logos. Further, since the Little 500 is an official IUSF event, all Little 500 apparel must also include the IUSF logo. Placement of the IUSF logo is at the organization’s discretion, but it must be visible. All approved vendors have a copy of this logo.

The approved vendors listed above are aware of these terms of use and will work with teams to ensure compliance when ordering your Little 500 apparel.



Little 500 Substance Abuse Policy

Any rider or coach suspected of using controlled substances or performance-enhancing drugs will be required to submit to medical testing. No rider or coach may refuse or fail to complete testing or attempt to subvert or falsify test results. The term “subvert” shall include, but not be limited to, the use of a substance or process that has the effect of masking the detection of a prohibited substance. The expenses of the testing shall be borne by the rider or coach suspected of using, and the physician to perform the medical procedures shall be selected by IUSF. If test results are positive, the rider or coach in question may be subject to state and federal legal action, Indiana University Disciplinary Procedures, and lifetime loss of eligibility to participate in the Little 500. Furthermore, the team of the applicable rider or coach will forfeit their placing in that year’s event.



Little 500 Rules of Eligibility

I. Student Rider and Student Coach Status

- A. Age:** All Indiana University students desiring to participate as a rider or a coach in any Little 500-related event must be at least 18 years old. This includes, but is not limited to, Friday Rides, Thursday Night Race Series, Fall Cycling Series, Track Practice, Spring Series, and the Little 500.
- B. Enrollment:** Any student desiring to participate as a rider or coach in the Little 500 must be a full-time undergraduate student enrolled at the Bloomington campus of Indiana University during both the fall and spring semesters of the year of participation. A full-time student is defined as carrying a minimum of 12 credit hours in the fall semester prior to the forthcoming Little 500 race and 12 hours in the spring semester of the forthcoming Little 500 race.
1. The hours from a class that have been “EXed” will not be considered a part of the required hours taken during the semester in which that class is “EXed.”
 2. Correspondence classes will not be counted toward the twelve-credit hour minimum, in accordance with Indiana University guidelines for full-time student status.
 3. Any incomplete class will be counted for credit toward the semester in which that class was originally registered. However, to be eligible, the student must submit a protest will valid documentation (see pages 22-23).
- C. Conduct:** IUSF is a University Student Organization and is therefore considered part of Indiana University. Because of this, all student riders and coaches are required to follow all IU policies, including the [Code of Student Rights, Responsibilities, and Conduct](#), as well as the [Indiana University Sexual Misconduct Policy](#). Any student rider or coach who is not in good standing with the University will not be eligible to participate in the Little 500. IUSF works closely with the [Office of Student Conduct](#) on all issues regarding participants’ conduct.
1. All student riders and coaches are required to complete the [Sexual Misconduct and Workplace Boundaries workshop and quiz](#) as part of Rookie Requirements or the coach tutorial.
- D. Grade Point Average:**
1. Rookie riders and coaches must have achieved a minimum 2.00 GPA in the fall semester prior to the forthcoming Little 500 race.
 2. Returning riders and coaches who were members of a Little 500 team in the previous year (regardless of whether such rider was a riding member of the team on race day) must have achieved a 2.00 GPA during the spring semester of participation of the previous year, as well as in the fall semester prior to the forthcoming Little 500 race.
 3. All riders and coaches must have a cumulative GPA of 2.00 or greater at the time of rider and coach registration.
 4. IUSF runs a grade and credit hours check of all registered Little 500 participants

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- E. Incomplete Classes:** Any incomplete class will be counted toward the semester in which the class was originally registered. To be eligible, a student must submit a protest with valid documentation (see pages 22-23).
- F. Exception for Graduating Seniors:** Graduating seniors (which means those students who will graduate in May, June or August of the calendar year of the forthcoming Little 500 race) must also meet the requirements above, except that they may take as few as six credits during the spring semester directly preceding their graduation. This only applies to graduating seniors with less than 24 credits remaining before graduation. Such students must take at least half of their remaining credits in that final spring semester and at least six of these credits must be for a grade and not Pass/Fail. Any graduating senior who wishes to retain eligibility while carrying between six and twelve hours must submit a transcript reflecting their credit hours via the protest and appeals process outlined on pages 22-23. Any such graduating senior who is retains eligibility under this rule forfeits any further eligibility beyond the Little 500 race in that calendar year.
- G. Internships and Co-Ops:** Any undergraduate who participates in an accredited Indiana University internship or co-op program in the fall semester directly preceding the Little 500 may substitute the internship credit for the normally required twelve credit hours if that student earned a minimum of three credit hours for that work and they were a full-time student for the two semesters immediately preceding the internship semester. A student substituting an internship or co-op must submit a protest (see pages 22-23) with verification of the internship or co-op and what it entailed.
- H. Years of Eligibility:** Each undergraduate may compete in the Little 500 race for a maximum of four times within a five-year period, except as otherwise limited by these rules. This five-year period begins with one's matriculation at any accredited university. Military Exception: If at any time after matriculation and before a student's fifth year of school, they enlist in the military for a period of more than a year, that student will have seven years to compete in three races from matriculation date. If a student was on their team's qualification list and/or final four race day list, that student is considered to have used one year of riding eligibility.
 - 1. A year of eligibility is defined as having been listed on a Little 500 Qualification or Little 500 Race final four card.
- I. Graduation:** Once an undergraduate student has graduated from Indiana University that person is considered ineligible to participate in the Little 500.

II. Amateur Status and Associated Affiliations

All Little 500 events are amateur, intramural in nature and designed to create opportunities for students to compete successfully in cycling. To maintain the Little 500's amateur and intramural status, IUSF has established rules regarding participants' association with organizations that seek to enhance the proficiency of student-riders thereby elevating them beyond a level is not commensurate with the participation goals of the race and affiliated activities. These rules are set forth below:



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- A. Professional Status:** Any rider who is, or ever has been, classified under one or more of the following professional categorizations shall be deemed ineligible to ride in the Little 500:
1. Any rider who has held or obtained a professional status in any sport related to cycling or a sport that could be used as conditioning for cycling. A list of cycling related sports includes, but is not limited to, speed skating, mountain biking, and triathlons.
 2. Any rider who has achieved the status of USA Cycling (“USAC”) Professional Category.
 3. Any rider who has achieved the status of any foreign or domestic equivalent to USAC Professional as determined by USA Cycling.
- B. USAC Categories:** Any rider who has held, presently holds, or will hold a USA Cycling Category I or II license prior to race day shall be deemed ineligible for the Little 500.
- C. Foreign Categories:** IUSF has the right to review any participant’s foreign license to determine its equivalence to either USA Cycling status. If it is found that the foreign license in question is equivalent to a USA Cycling Category I or II, “A” (off-road and women’s road and track) or “B” (men’s road and track only), that person will be deemed ineligible for the Little 500.
- D. Special Competitions:** Any rider who temporarily upgrades their USAC status to an aforementioned ineligible categorization, expressly for the purposes of riding in special competitions and/or attempting to qualify for a particular cycling team, will be considered ineligible to ride in the Little 500.
- E. Varsity Letter winners:** Any rider who participated on an intercollegiate cycling team and earned a varsity letter is ineligible to ride in the Little 500.
- F. Intercollegiate Participation:** Any rider who participated on a varsity intercollegiate cycling team but did not win a letter must sit out for a period of one year from the last date of varsity membership.
- G. Amateur Status Exception:** In order to protect the development and encourage the natural progression of Little 500 riders who enter the Little 500 with no advanced cycling experience, an exception to the Little 500 Amateur Status rules will be made if the rider meets the following requirements:
1. If a student enters Indiana University without any advanced cycling experience:
 - a. USAC (Men: No experience or Category 5)
(Women: No experience or Category 5)
 - b. Junior (no experience in national junior events)
 2. That student has two (2) previous years of Little 500 participation
 3. Then that rider will retain their Little 500 eligibility and permitted to upgrade to:
 - a. USAC Category 1 or 2 level
 4. After upgrading, that rider will retain one (1) year of eligibility, which must be used the following year. All other rules of eligibility will apply, including but not limited to riding with the same team from the preceding year. Riders who believe they meet the terms of this exception must submit a protest to the Little 500 Race



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Director via the protest and appeals process, to be reviewed by the Race Director and/or the Appeals Board.

III. Team Affiliations

- A. Teams:** Men's teams entering the Little 500 may do so under one of the three categories of teams: Independent, Residence Hall, or Fraternity. Women's teams entering the Little 500 may do so under one of the three categories of teams: Independent, Residence Hall, or Sorority. Once a rider becomes "Actively Affiliated" with a team (in lay terms, "joins the team"), the rider will be required to continue with that team unless otherwise provided under these rules. A rider will be deemed Actively Affiliated with a team upon completion of both Little 500 team and rider registration which closes on February 5, 2023.
- A. Residence Halls Teams
1. A Residence Hall may enter only one team per year.
 2. A rider may Actively Affiliate with a Residence Hall team without having lived in that Residence Hall.
- B. Fraternity and Sorority Teams
1. A fraternity or sorority may enter only one team per year that must be made up entirely of active members of that fraternity or sorority.
 2. In order to actively affiliate with a fraternity or sorority team, any person wishing to participate on a fraternity or sorority team must be either living in that fraternity or sorority house or be "an active member" of the house which means that the individual is an active member in good standing with the Indiana University Chapter, or an individual who has officially pledged that chapter.
 3. A rider may participate in only one Little 500 race through active affiliation gained by being a pledge in a fraternity or sorority. To participate in any additional races, the rider must have become an active member of the fraternity or sorority as defined above.
 - a. Exception: Through the protest procedures outlined in this manual, if a rider for a Greek team cannot field a team in the current year's race, they may ride for only for a 1) Independent or 2) Residence Hall team without sitting out one year or disaffiliation from their Greek Organization to claim a new affiliation. A team is considered intact from the previous year if two or more riders from the immediate previous year team have registered to ride in the forthcoming race. Once the rider has claimed a new affiliation, they must sit out one year if they wish to reclaim their affiliation with their Greek Team.
- C. Independent Teams
1. Students wishing to participate on an independent team may do so if they are not active members with a fraternity or sorority (ie: no member of a fraternity or



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sorority may participate as a rider in the race except as a member of their house team), and

2. Their residence hall does not have a team, in which case no more than two riders from the same residence hall may be on the same independent team.

B. Changing Team Affiliation:

1. Once a student has made the decision to become Actively Affiliated with a Little 500 team as a rider, that student will be affiliated with that team, so long as that team exists intact for the forthcoming Little 500, throughout the student's five-year eligibility. A rider may not change teams where the original team still exists unless they choose to sit out one year to claim a new affiliation. A team is considered intact from the previous year if two or more riders from the immediate previous year team have registered to ride in the forthcoming race.
2. No rider will be eligible to participate in the Little 500 race if they have participated in the immediate previous year for a team different than the team on which they are participating in the forthcoming race. IUSF staff may make an exception to this rule for a rider whose previous year team is not participating in the forthcoming race. However, under no circumstances shall a participant ride on a team in the forthcoming race with participants who rode on different teams in the immediate previous year. A student is considered "a participant the immediate previous year" if they were on a team's qualification team and or final four race day list.
3. If a student participated in the immediate, previous year and was a member of a fraternity or sorority and has since deactivated, de-pledged, or attained alumni status from the chapter and meets all other eligibility requirements, then they must sit out one year in order to claim a new Active Affiliation with another team.
4. If a group of students rode as a team under the affiliation of a fraternity or sorority in the immediate previous year and that chapter is no longer recognized by Indiana University, those individuals may participate in the forthcoming Little 500 race as an Independent or Residence Hall Team.
 - a. It is the obligation of the fraternity/sorority to notify IUSF if or when the organization receives any administrative sanctions from the Office of Student Conduct. Failure to do may result in a race penalty.
 - b. IUSF will work with the Office of Student Conduct and the Office of Sorority and Fraternity Life and Leadership case by case to determine participation status of any team that has received any administrative sanctions which may affect their organizational status. Final decisions are at the discretion of IUSF management.
5. A rider may ride in Qualifications or the Little 500 Race with a maximum of two teams within their years of eligibility.
6. A rider who agreed to participate with a Residence Hall or an Independent team in the immediate previous race, but who prior to March 1 of the immediate



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previous year pledged a fraternity or sorority, may participate with the fraternity or sorority in the forthcoming race without sitting out for one year. However, if that rider pledged a fraternity or sorority after March 1 in the year of the immediate previous race, they must sit out one year to claim a new affiliation.

7. Falsification of any information submitted to the IUSF under this section will be grounds for automatic disqualification from that year's event. In addition to the current year race suspension shall be the one-year sitting out period for a new team affiliation.

C. Illegal Recruiting: Illegal recruiting is defined as making cash payments and/or giving free room and board or other perks to student riders in exchange for their services. IUSF reserves the right to perform a thorough investigation of any team or individual suspected of illegal recruiting.

1. Students and or teams who are suspected of involvement in illegal recruiting as defined in this section will be required to produce financial statements proving they paid for their own room, board, social dues, etc.
2. All teams who wish to enter a rider who has previously ridden in the Little 500 for a different team may be asked to fully disclose all of the new rider's financial and any other relevant information to IUSF upon their entry into Little 500 and at such subsequent times as IUSF deems reasonably necessary.
3. Penalties for teams found to have engaged in illegal recruiting can range from a race-day time penalty to disqualification from that year's race.

VI. Sportsmanship

IUSF endeavors to create an environment of positive, safe intramural competition, and good sportsmanship. Little 500 teams will be held accountable for the actions of their riders, student and non-undergraduate coaches, and any other supporters. Consequences for poor behavior may include pre-race penalties, or rider, coach, or team expulsion. The following are elements of good Little 500 Sportsmanship:

- A. Rules Violations:** Teams must read and understand all information in the Manual and abide by the rules and regulations contained herein. If a student rider or coach becomes aware that they or any individual affiliated with another team has committed a rules violation, that individual should immediately report those violations to IUSF.
- B. Event Philosophy:** Teams should understand the goals and philosophy of the Little 500, as listed in the Manual, and do their best to live up to them.
- C. Officials:** Riders, coaches, and volunteers must respect the decisions of the IUSF, as well as supervisory students, Riders Council members, and event staff. Participants who engage in demonstrations or other behaviors on the track that are designed to belittle race officials, students, or volunteers may subject themselves or their teams to disciplinary action.



VI. Track Safety

While participating in any Little 500 event, riders and coaches must observe all safety regulations and quickly respond to instructions from the Riders Council and IUSF supervisory personnel. See Section V for track practice, Spring Series, Qualifications, and Little 500 Race rules, regulations, and safety procedures. Failure to comply with safety procedures is considered a violation of the Manual, and therefore punishable by a race day penalty or disqualification from the event(s).

IUSF Protest Procedure and Appeals Board

Filing a Protest

In the event that a rider or student coach is ineligible to participate in Little 500 events due to non-compliance with the eligibility rules set forth in this Manual under “Little 500 Rules of Eligibility” (for purposes of this section, the “Ineligible Student”), such Ineligible Student may submit an electronic protest and supporting documents via the IUSF website. The Little 500 Race Director will review the protest and documentation and conduct any necessary investigation and/or interviews. The Race Director will then decide to pass or deny the protest. If the Race Director rules favorably, then the protest is passed. If the Race Director rules against the protest, then the student can file an appeal with the IUSF Appeals Board. If the student does not choose to file an appeal, then the protest is considered to be denied and cannot be submitted again.

Students may also protest the actions, conduct, or eligibility of other individuals or teams that are participating in the Little 500. These protests will be heard in the spring.

Appeals Board

The purpose of the Appeals Board is to make decisions on protests that have been denied by the Race Director. It is not the function of the Appeals Board to change eligibility rules or the rules of IUSF events. Rather, it exists to hear reasons why an exception should be made for protest that has been denied by the Race Director.

The IUSF Appeals Board is moderated by the IUSF Director and consists of at least seven (7) members appointed by the IUSF Director who are Indiana University-Bloomington undergraduate students, alumni, faculty, and staff. All members will serve for the entire academic year. Members can be terminated or replaced at the sole discretion of IUSF.

The Appeals Board includes:

- IUSF Steering Committee President
- At least one other IUSF Steering Committee member
- At least one general IUSF student member



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- At least one male member of Riders Council
- At least one female member of Riders Council
- IU Foundation Board of Associates Chair and/or an IUSF alumni appointee
- At least one other member as appointed by the IUSF Director

Protest and Appeal Procedures

1. **Protest:** The student must submit the electronic protest form via the [IUSF website](#) along with supporting documents by the deadlines outlined below. This protest should outline the eligibility rule that the rider is not in compliance with and explain why the student believes an exception should be made for them.
2. **IUSF Decision:** The Little 500 Race Director will review the protest and documentation and conduct any necessary investigation and/or interviews. The Race Director will then decide to pass or deny the protest. If the Race Director rules favorably, then the protest is passed. If the Race Director rules against the protest, then the student has the opportunity to file an appeal with the IUSF Appeals Board. If the student does not choose to file an appeal, then the protest is considered to be denied and cannot be submitted again.
3. **Appeal:** A student wishing to appeal a protest that has been denied must submit the electronic appeal form via the [IUSF website](#) with an additional payment of \$30. (Payment covers security and other logistical fees for this meeting.)
4. **Hearing and Final Ruling:** The IUSF Appeals Board will review the submitted materials as well as listen to the verbal appeal of the student. The student appealing must be present at the hearing, and they may also bring one additional representative. The Race Director will present the case on behalf of IUSF in support of the original ruling. After both sides have presented arguments, the IUSF Appeals Board will deliberate in private and reach a final decision. The student appealing will be notified in writing of the outcome. All decisions of the IUSF Appeals Board are final.

Protest Periods

The fall protest deadline is **October 10, 2022 at 11:59pm**. Fall protests will be decided by **October 17, 2022** involving cases applicable to the current year's race (2023). The Fall Appeals Board is November 2, 2022

The spring protest deadline is **February 6, 2023**. Spring protests will be decided **February 13, 2023** involving cases applicable to the current year's race (2023). The Spring Appeals Board is March 1, 2023

IF A PROTEST IS NOT FILED BY FEBRUARY 6, 2023 AT 11:59 PM, AND IUSF DETERMINES YOU TO BE INELIGIBLE AFTER THAT DATE, THE PROTEST WILL NOT BE CONSIDER



IUSF Little 500 Riders Council

Along with modeling the mission of IUSF, the Little 500 Riders Council (RC) develops student athletes and promotes an atmosphere of safe and competitive cycling through the Little 500 and accompanying events. RC is responsible for organizing and monitoring events such as but not limited to Friday rides, fall skills clinics, Rookie Week, and daily spring track practice. RC consists of three executive members (President, Vice President, Secretary) and general members. No student shall be a member of Riders Council for more than two academic years.

To be eligible for Riders Council, a student must:

- Be at least a junior standing (defined as having completed four semesters on campus).
- Maintain a 3.0 accumulated GPA and a 2.0 GPA each semester.
- Submit an online application and attend an interview.
- Be a participant on a Little 500 team meeting of all the Little 500 rider eligibility requirements.

Applications for the 2023-2024 Riders Council will be made available by March 10, 2023. Interviews for the 2023-2024 Riders Council will be held between April 24 and April 28, 2023. Interviews are conducted by the current Riders Council Executive Committee and the Little 500 Race Director. All applicants will be notified of their acceptance onto or denial from Riders Council before the spring semester ends.



Little 500 Coach Requirements

Little 500 teams may seek the assistance of one (1) non-undergraduate coach and one (1) student coach. These individuals should be experienced and knowledgeable in the sport of cycling and/or the Little 500. It is the team's responsibility to secure the services of a coach. Teams must adhere to the following criteria and policies for coaches.

Little 500 Coach Code of Ethics

- It is the team's responsibility to oversee the coach and the coach's actions.
- The coach should be aware of and follow all IUSF procedures relative to the Little 500 as outlined in this Manual.
- IUSF is a student organization and the Little 500 is a student event, and, as such, the coach should restrict their contribution to coaching and should refrain from activities involved in IUSF's management.
- Alcohol and non-prescribed controlled substances are not permitted at any IUSF-sponsored event and attending any such events under the influence of alcoholic beverages and/or illegal substances is strictly prohibited.
- Hazing is strictly prohibited. Hazing shall be defined as any conduct which subjects another person, whether physically, mentally, emotionally, or psychologically, to anything that may endanger, abuse, degrade, or intimidate the person as a condition of association with a group or organization, regardless of the person's consent or lack of consent.
- IU's [Discrimination, Harassment, and Sexual Misconduct policy](#) applies to all members of the Indiana University community, including volunteers and visitors, and therefore, Little 500 coaches.
- Both violent and non-violent sexual harassment is prohibited. Sexual harassment can include unwelcome sexual advances, requests for sexual favors and other verbal, nonverbal, written, electronic (e.g. by e-mail, text, social media, etc.), or physical conduct of a sexual nature. IU's complete definition of sexual harassment can be found [here](#).
- Continuation of coaching is not assumed from year to year. Each non-undergraduate and student coach must obtain a new credential each academic year.

Obtaining Coach Credentials

Non-Undergraduate Coaches

All non-undergraduate coaches present at Bill Armstrong Stadium or at any official Little 500 event must hold and visibly wear an official Little 500 Coach Credential. To receive a Little 500 Coach Credential, all non-undergraduate coaches must complete and submit the following online:

- Little 500 Coach Tutorial
- Little 500 Coach Information Form
- Little 500 Coach Waiver
- Complete the [Sexual Misconduct and Workplace Boundaries workshop and quiz](#)



Section IV: Eligibility Rules, Protest Procedures, Riders Council, Coach Information

Undergraduate Student Coaches

To receive a Little 500 Coach Credential, all undergraduate student coaches must:

1. Meet the same eligibility requirements as riders
2. Complete the Little 500 Rider Registration Form by 11:59 pm on February 3, 2023
3. *Attend three (3) of four (4) Little 500 Student Coach Clinics
 - a. February 15
 - b. February 22
 - c. March 28
 - d. March 7
4. Complete and submit the following online:
 - a. Little 500 Coach Tutorial
 - b. Little 500 Coach Information Form
 - c. Little 500 Coach Waiver
 - d. Complete the [Sexual Misconduct and Workplace Boundaries workshop and quiz](#)

**A student coach only needs to attend three (3) of four (4) Little 500 Student Coaching Clinics once within their years of eligibility (defined on pages 15-21).*

Though not a requirement, it is strongly encouraged that each Student Coach attends the following spring meetings:

- Qualifications Meeting on Monday, March 20
- Jersey/Pit Selection on Monday, March 27
- Final Race Briefing on Monday, April 17
- Team Lap Counter Meeting on Wednesday, April 19

The Little 500 Coach Tutorial, Information Form, and Waiver will be available on the IUSF website in the fall semester and will close on March 23, 2023 at 11:59 pm.

Cancellation of Coach Credentials

The following may result in the cancellation of Coach Credentials, removal of a coach from the premises, expulsion of the coach from all Little 500 activities, and/or a race day penalty assessed to the Little 500 team associated with the coach at the discretion of IUSF management:

- Acting in any manner deemed inconsistent with the best interest of the IUSF and/or the Little 500.
- The violation of any Indiana University, local, state, and/or federal law.
- Any violation of the Little 500 rules and regulations as outlined in the Little 500 Rider Manual.
- Please note that the cancellation of Coach Credentials is within the sole discretion of IUSF and is not subject to protest or appeal.



Section IV: Eligibility Rules, Protest Procedures, Riders Council, Coach Information

Coaches will only be issued one credential per academic year. If a credential is lost, a new one will NOT be issued. Without a visible coaching credential, no coach is permitted to participate at official Little 500 events until the following academic year



Track Practice Rules

A. Admission to the Track

- a. All spectators must stay off the infield. If any team and/or team representative is caught crossing the track during practice time, their team will be unable to participate in the rest of the day's practice.
- b. The only people allowed on the track are eligible Little 500 riders, Little 500 credentialed coaches (who must remain in the white-lined, pit area), IUSF staff and IUSF volunteers. Anyone not riding must stay in the stands or on the outside of the fence.

B. Equipment

a. Bicycles

- i. Teams may only use current or previously issued Little 500 bicycles on the track. Bicycles to be used in all events must comply with the parts specifications list found in Appendix II.
- ii. All teams are issued two current year Little 500 bicycles each year. (See page 49 for registration and deposit information.)
- iii. IUSF has Little 500 bicycles available for daily rental at the bike shop located on the northeast side of the track.

b. Helmets

- i. At all times when participating in an event hosted by IUSF, any rider on a bicycle shall wear a protective, securely fastened helmet that satisfies the standard set by US DOT or CPSC.
- ii. A \$25 fine will be applied for failure to wear or for removing such a helmet during any IUSF event. The fine is also applicable to participants riding a bicycle in the vicinity of a race or practice at any time between the beginning of registration and an hour after the scheduled end of the event, but does not apply to riding rollers or stationary trainers in order to warm up. If the rider fails to pay the fine, they will not be allowed to participate in Qualifications, Series Events, or the race.

c. Gloves

- i. Riders must wear gloves at all times.

d. Toe Straps

- i. No toe straps on pedals are allowed.

e. Handlebars

- i. Handlebars must be taped and plugged.

C. Track Set-Up

- a. The track will be divided into lanes. Both straightaways will be separated into two areas. The inside lane closest to the concrete gutter will be designated as fast riding only. Outside of the lane is for slow riding and/or exchanges. No exchanges will be permitted inside the white line.
- b. Only two team members are allowed to ride on the track at any given time. If a team has a member on Riders Council, that person is allowed on the track at all

Section V: Practice, Series Events, Qualifications, and Race Rules

times even if two other team members are riding. If a team has two members on Riders Council, only one may be on the track at the same time as the other two members. The only exception to this rule is if there is an announcement made over the PA allowing additional riders on the track.

- c. Packs will be broken up at the discretion of the Riders Council at the track.
 - d. After every exchange at least one full lap around the track must be taken.
 - e. Hand and voice signals must be used during exchanges. An audible voice and signal directed to a team must be used when attempting to pass a pack. The relief rider making the exchange must inform the teams on either side of their pit about their intention to exchange.
- D.** The Bill Armstrong Stadium Little 500 track is authorized for practice Monday through Friday from 2:30 pm-9:45 pm during the official Little 500 season (see page 8 for track times). In addition to these times, IUSF has authorized additional track practice opportunities and a Little 500 Spring Break Camp. Riders and/or teams found using the track during unauthorized times will receive a 10 second pre-race day penalty.
- E.** Any rider endangering the safety of other riders may be reported to members of the Little 500 Cycling Committee and Riders Council members present at the time. Any team violating safety rules is subject to a race penalty.



Little 500 Spring Series

Individual Time Trials (ITTs)

Date: Wednesday, March 29, 2023

Time: 3:00pm - Check-in begins at 2:45pm (check in 15 minutes prior to heat)

Registration: Only properly registered Little 500 riders who completed the Spring Series Registration Form are eligible to compete. The heats will begin promptly at 3:00pm. All riders must check in twenty (20) minutes prior to their starting time. Any rider not checked in by the appropriate time forfeits their right to compete in this event.

The Race: Participants will compete in heats of four along with other riders of the same gender. Riders will proceed through the following stations:

- Registration/Check-In
- Turn 3 Gate and Final Briefing
- Warm-up
- Take the Track

In each heat, one participant will be placed at each of the four corners of the track. From a standing start, at the sound of the horn, each heat participant will make four (4) full and complete laps. The participant will stop riding and exit the track after all four riders have completed the race. The ensuing heat will begin approximately two (2) minutes after the preceding heat is completed. Both the men and women's Individual Time Trials champion will be determined solely on the basis of their individual time. If a rider crashes or falls from their bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately, or (2) withdraw from the event. ITTs will not stop in the event of an accident.

All riders must start at their scheduled time. In the event a rider misses their scheduled starting time or has a mechanical failure, they will not be allowed to start at another open time slot unless there is available time at the end of the event, which cannot be guaranteed.

Rules & Procedures: All riders will be expected to pass other riders on the outside. Judges will be provided for this event to judge drafting. If it is the opinion of the judges that a particular rider is drafting, they will be disqualified from the event and asked to exit the track immediately.



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Miss N Out

Date: Saturday, April 1, 2023

Time: 12:00 p.m. check-in begins at 11:40 a.m. (riders should check in 20 minutes prior to their start time)

Registration: Only properly registered Little 500 riders who completed the Spring Series Registration Form are eligible to compete. The heats will begin promptly at 12:00pm. All riders must check in twenty (20) minutes prior to their starting time. Any rider not checked in by the appropriate time forfeits their right to compete in this event.

The Race: Check-in begins at 11:40 a.m. Prior to the assigned heat, each rider proceeds through the following stations:

- Registration/Check-in
- Turn 3 Gate/Chipping
- Warm-up
- Final Race Briefing
- Take the Track

This race will be run in individual heats. Participants will only compete against other participants of the same gender. Riders must wear their assigned number on the right side of the lower back. The number of heats and the number of laps (per heat) will depend upon the number of participants in each heat. Each heat will begin with one (1) pace lap around the track. After the pace lap, in every subsequent lap, the last rider to have their front tire cross the start/finish line will be eliminated from competition and asked to leave the track without interfering with remaining riders. The top three riders of each first round heat will advance to the next round and must check in at the whiteboard at turn 3 to find out next round placement. Every round thereafter, only two (2) riders will advance until the semifinal heat when three (3) riders advance. In the Championship Heat, racing will continue in the same fashion as before until the heat is down to only three riders. These last three riders will ride one non-elimination lap followed by one last lap to sort out the top first through third finishers judged by the front edge of the tire. If a rider crashes or falls from their bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately or (2) withdraw from the event. In the event of a wreck, Miss N Out may go into caution and non-elimination laps until it is safe to resume racing. Due to the seeded nature of the event, a rider who experiences mechanical problems will not be given a second opportunity to ride in the event.



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Team Pursuit

Date: Saturday, April 8, 2023

Time: 12:00 p.m. - Check-in begins at 11:40 a.m. (check in 20 minutes prior to heat)

Registration: Only properly registered Little 500 riders who completed the Spring Series Registration Form are eligible to compete. The heats will begin promptly at 1:00pm. All riders must check in twenty (20) minutes prior to their starting time. Any rider not checked in by the appropriate time forfeits their right to compete in this event.

The Race: Riders will proceed through the following stations:

- Registration/Check-in
- Final Briefing
- Warm Up
- Heat Start

Two teams will ride simultaneously. Teams will only participate in a heat with another team of the same gender. Teams will be allowed to have a properly credentialed coach in the infield with them. The bikes will be placed lying flat on the cinders at opposite ends of the track in either Turn 2 or Turn 4. The race begins with the teams of four standing 20 yards from their bicycles. When both teams are ready, they are instructed to take their marks. At the sound of the horn, the teams sprint to their bikes and begin the 15 lap race. The two teams chase one another while ultimately competing against the clock. Each team continues to ride until the third rider of the team crosses their respective start/finish line. All teams are allowed to drop one rider at any time (assuming the team started with four riders), however once that rider has dropped they must exit the track within one lap. If a rider crashes or falls from their bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately or (2) withdraw from the event. Team Pursuit will not stop in the event of an accident. The two teams with the fastest 15 lap times will compete in a final Team Pursuit Championship Heat at the end of the night.

Passing Procedure: Overtaking teams must pass slower teams on the outside of the track. When a team is about to be passed, they shall, to prevent a collision or hinder the passing team's progress, the overtaken team will heed the yellow flag which signals that the team must cease rotations and remain at the bottom of the track until the passing team has completed its pass. Any failure to follow this procedure shall result in the immediate disqualification of the offending team.

Mechanical and Crash Procedure:

In the event a team has a mechanical failure and cannot finish with three or more riders, the team will receive a "Did Not Finish" (DNF) and will not be allowed to start at another open time slot unless there is available time at the end of the event, which cannot be guaranteed. If a rider has a mechanical failure, they may either (1) resume competition immediately or (2) withdraw from the event.



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If a rider crashes or falls from their bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately or (2) withdraw from the event. Team Pursuit will not stop in the event of an accident.



Spring Series Scoring and Seeding

Scoring for the Little 500 Spring Series will be similar to a cross-country race. The team earning the fewest number of points across all three series events will be declared the overall Little 500 Spring Series Champion.

Participation as a team is defined as entering at least three riders in each event. The scores of each team's top three riders are totaled at the end of the event and added to the overall team score. A team is welcome to enter all of its registered riders in an event, but only the top three finishers will be added to the team score.

Individual Time Trials

The riders will be scored as follows: the first place rider receives one (1) point; the second place rider receives two (2) points; etc. Scoring will continue until a preset cutoff point, defined as: $(\text{the total number of participants in ITTs})/2$

All riders who finish below this point will receive the same number of points, defined as: $(\text{the total number of participants in ITTs})/2$

Miss 'N Out

Miss 'N Out will begin with the riders seeded in their preliminary heats based on their finish place in Individual Time Trials. Riders who do not participate in ITTs will be added to the bottom of the Miss 'N Out seeding based on a random draw.

For example, of a 160 participant ITT's, three riders (A, B and C) do not participate in ITTs, but they do sign up for Miss 'N Out, along with the 160 riders who participated in ITTs. Riders A, B and C will be randomly drawn and seeded 161, 162, and 163.

Once all riders are seeded, they will be placed into a single-elimination tournament bracket. In the preliminary heats, the top three riders will advance to the second round of heats. The following rounds will see two riders advance then three will advance from the semifinals to the finals.

Members of the same team may face each other in the first round. Riders will not be shifted from bracket to bracket.



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Scoring for Miss 'N Out will be determined by the formula:

- Riders eliminated in the preliminary heat will receive 30 points
- Riders eliminated in the quarterfinals will receive 12-15 points, based on their placing in the heat.
- Riders eliminated in the semifinal round will receive between 7-11 points, based on their placing in the heat.
- Those who make it to the finals will be assigned 1-6 points, depending on the order of their finish.

Team Pursuit

The scoring will be based on the time that each team clocks during its heat. The place that a team finishes in Team Pursuit will correspond to the number of points added to the overall team score multiplied by 4. The fastest two teams will advance to a final heat. The winner of the final heat earns four (4) points, while the second place team in the final heat will earn eight (8) points.

The teams that do not make the finals will be placed in order from 3rd place down to last place based on their initial heat times. The third place team will earn twelve (12) points, the fourth place team earns sixteen (16) points, etc.



Little 500 Qualifications

I. Entrants

It is every rider's and coach's responsibility to read and understand the below rules. Ignorance of the rules and regulations of Little 500 Qualifications is no excuse for non-compliance.

Properly registered and eligible riders on the Qualifications Final Four Cards must log a minimum of 7.5 hours of track time before Friday, March 25 to be allowed to ride in Qualifications.

Every team will establish a qualifying team (the riders that make the initial qualifying attempt), and the same exact team with no additions or deletions will then, if necessary, make qualifying attempts II and III. The only exception is a deletion in case of injury; however, no rider will be allowed to take the injured rider's place. Disqualification will result if the same team members are otherwise not present for attempts II and III.

II. Bicycles

All teams are issued two Little 500 bicycles for practice. Designated qualifications bike(s) must be turned into the Little 500 Bike Shop on Friday, March 25 between 12:00 and 4:00 p.m. The bike(s) must meet the specifications established by IUSF. A list of these specifications can be found in Appendix II.

After registration the day of qualifications, each team will pick up its bike(s) at the track. After the qualification attempt, the bike(s) must be returned immediately to the IUSF volunteer. During the time the bike is in the possession of the team, adjustments to the bike will not be permitted unless authorized by the Little 500 Cycling Committee or Official Mechanic. The inflation of tires or seat adjustments does not need the approval of the Little 500 Cycling Committee.

Teams that do not qualify and want to return their bikes may do so by **May 5, 2023** to recoup their \$500 bicycle deposit.

III. Qualifications

Qualifications will take place at Bill Armstrong Stadium. The attempt will consist of four consecutive laps, with each designated rider riding one lap. Team qualification starting times will be determined by a drawing supervised by the Steering Committee members of the Little 500 Cycling Committee.

Each team will be informed over the loudspeaker in advance of its qualifying attempt. An IUSF escort will accompany each team throughout its qualification attempt(s). The following steps will be taken, in five minute intervals:



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- A. All team members must report with their official Indiana University student ID to check-in located outside of the turn three gate on the first call 25 minutes before the scheduled first attempt. At this point an IUSF volunteer will check, verify, and record student IDs and team members' names.
- B. Team members report to the Turn 2 gate.
- C. The team checks its bike(s) out from the bike corral.
- D. The team reports to center of the infield for a team picture.
- E. The team reports to final warm-up at the center of the infield
- F. The team will be instructed to move to the final briefing to go over last minute details and take questions.
- G. The team will be instructed to take the track for its qualifications attempt.

No team will ride unless they complete all steps listed above. The penalty for not complying shall be forfeiture of one attempt.

The announcer is for the entertainment of the spectators only. The times given over the loudspeaker are not official until the qualification is over. Each team is responsible for keeping their unofficial time for the purpose of black-flagging an attempt.

How it Works

Upon being instructed to take the track, the number one rider will complete one warm-up lap and upon crossing the starting line the official timing will begin. After one lap, Rider 1 will exchange the bicycle with Rider 2. This exchange must take place within 16 feet of either side of the starting line (a total of 32 feet). White lines will mark the exchange zone.

In making the exchange, Rider 2 must be in complete control of the bicycle before the front wheel crosses the second line indicating the end of the exchange zone. In order for the judges to determine that Rider 2 is in control of the bicycle, it will be necessary for Rider 2 to have sole possession of the bicycle within the exchange zone.

Rider 2 may not touch the bicycle until the front wheel crosses the first line of the exchange zone. Rider 1 may not touch the bicycle after the front wheel of the bicycle has crossed the second line of the exchange zone. Either infraction shall result in a foul.

In the case of a full-bike exchange (two bikes involved), the outgoing rider must place their bike's rear wheel against the first line of the exchange zone. The rider must stay stationary until a tag is executed by the incoming rider. The incoming rider must come to a complete stop by the second line of the exchange zone. Neither the rider nor the bike may cross the plane of the second line. Crossing the second line will result in a foul.

The same exchange shall take place between Rider 2, Rider 3, and Rider 4. When Rider 4 crosses the finish line, the team's qualifying time will be final unless the attempt has been canceled as outlined in these rules.



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No rider may, in any manner, ride into, fall, or run into the infield or the cement gutter while attempting to qualify. The penalty for voluntarily or involuntarily performing said acts will result in the forfeiture of one attempt.

During the qualification attempt, no rider may, in any manner, drop a bike while attempting an exchange. A dropped bike will result in a foul.

If a rider rides in the infield or gutter surrounding the track during an attempt it will count as a fault.

IV. Infield

On the day of qualifications, no one will be allowed on the course except the team qualifying at that time, judges, timers, and officials. All spectators must remain behind the fence circling the outside of the track. The team qualifying will be allowed its four riders and two other assistants in the infield for the qualifying attempt. One assistant must be in the fourth turn to decide a possible *black flag and the other assistant can be anywhere else in the infield. Failure to comply will result in the loss of an attempt.

*Black flag: There will be a roped off area in the fourth turn with an IUSF representative stationed there. One representative of a team must position themselves within the boundaries of this area during the team's attempts. If a team elects to call off a qualification attempt (known as invoking the "black flag"), the team representative must inform the IUSF representative to raise the black flag indicating voluntary forfeiture of the attempt before the final rider crosses the black flag line in the fourth turn. The team representative must be within the roped off area to make such a decision, otherwise the IUSF representative will not raise the black flag

V. Attempts

- A. Qualification Attempts:** Each team will have three attempts to qualify. If on its first attempt a team is not satisfied with its time, the coach (or designated representative) may black flag the attempt as outlined under the section containing Miscellaneous Rules (A). In this case, the team would then drop two places and report to warm-up at station 5. If the team faults on its second qualification attempt, it will drop down to the end of the day, at which time it will have only one attempt remaining.
- a. If a team INVOLUNTARILY fails to qualify, on the first attempt, they shall drop two places and report to warm-up at station 5. Failure to qualify on the second attempt moves the team to the end of the day for their last qualifying attempt.
- B. Mechanical Failure:** If after a team has begun its qualification attempt, a mechanical failure renders the bicycle inoperable, this attempt will not count as an official attempt. The Little 500 Cycling Committee and the IUSF Bike Mechanic make the final decision regarding mechanical failures. As soon as the mechanical failure is corrected, the team will immediately return to warm-up (station 5) to continue warming up. A failure caused by mechanical negligence on the team's part or an accident will not be accepted as a true



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failure and will result in loss of the attempt. Mechanical failures will be accepted as a valid termination of a qualification attempt if one or more of the following conditions occurs during an attempt:

1. Failure of the seat post or seat clamps.
 2. Breakage of any part of the frame or fork.
 3. Breakage of the stem or handle bars.
 4. Puncture of a tire.
 5. Breaking of the chain.
 6. Failure of the bearings.
 7. Failure of wheels.
- C. Track Conditions:** Any questions concerning the condition of the track are left to the discretion of the Little 500 Race Director.
- D. Race Position:** The thirty-three teams and their order of starting position will be determined by the official times of the qualification attempts. Ties will be decided by the first team to record that time in the fewest attempts. In the event that a qualified team is subsequently disqualified or withdraws, its position will be considered vacant and qualifiers in lower positions shall be moved up accordingly.
- E. Failure to Fill the Field:** If at the end of the day, thirty-three teams are not qualified, a fourth attempt will be given to all teams which have faulted on their first three qualification attempts. Those teams will only compete for the positions which are open at the end of the regularly scheduled Qualification Day.

VI. Weather Postponement

One day is set aside for qualifying. Qualifications to determine the 33 teams for the Little 500 will be conducted on **March 25, 2023**. If weather should halt qualifications after some teams have qualified, the following rules will apply:

- A.** All teams that have qualified for the race on the first day of qualifications will be given the option of canceling their time and using their time from the second day as their official time.
- B.** Any team that opts to cancel their time from the first day will be required to do so within two hours after qualifications have been postponed. To exercise this option, a team representative must report in-person to the IUSF Wilcox House, 1606 N. Fee Lane, within the two-hour window. Information concerning the postponement of Qualifications will be made available via email, on Twitter @IUSF, or on the IUSF website at www.iusf.indiana.edu.
- C.** Any team that decides to cancel their first day qualification time will have such a cancellation considered as an attempt called off voluntarily. The individual teams will be responsible for knowing what time qualifications were canceled or postponed.



VII. Infractions

It shall be the responsibility of each team to ensure that its members are familiar with the above stated rules. Infractions of any of the above rules shall make a team, or guilty member, subject to penalty. In case any situation arises that is not covered herein, or there is any dispute in the interpretation of the rules, the Little 500 Race Director with the advisement of the Little 500 Cycling Committee and the Riders Council will make the final decision.

Decisions of IUSF officials are final.



Little 500 Race Rules and Regulations

Note: It is required that all riders and student coaches have IU student identification cards with them on race day. Any non-undergraduate coach must be wearing valid Little 500 coaching credentials. Any team in violation of Little 500 rules regarding ineligible personnel is subject to an unsportsmanlike conduct penalty at the discretion of the Chief Steward.

I. Course

The Men's Little 500 race shall be 200 laps/50.95 miles in length. The Women's Little 500 race shall be 100 laps/25.47miles. The race surface is the 410-meter cinder track at Bill Armstrong Stadium on the campus of Indiana University. The teams will not be allowed to practice on the track the day before or on race day.

II. Entrants

Entrants in the race shall be the thirty-three teams that post the fastest official times at Qualifications. Order of the starting line-up shall be determined by the qualification time from front to rear and inside track to outside track.

Each team may consist of a maximum of ten properly registered and eligible riders. Any four of the ten listed riders may ride.

Riders on the Little 500 Final Four Cards must log a minimum of 17.5 hours of track time before Thursday, April 21 to be eligible to ride in the Little 500. The names of the final four riders who will ride in the race must be submitted to the Indiana University Student Foundation at the Final Race Briefing the Monday immediately before the race.

Once teams have submitted their final four cards, there shall be no substitutions allowed except as granted by the Little 500 Race Director. If during the race, the team loses the services of a rider(s), the team must continue with its remaining race riders.

Each team will be assigned a number to correspond with its position in the starting line-up. This team number will be attached to the frame of the bicycle in a manner prescribed by the Little 500 Cycling Committee.

III. Bicycles

Bicycles to be used in the race must comply with the parts specifications list found in Appendix II. No alterations of the bicycle are allowed except by permission of the Little 500 Cycling Committee. All bicycles and spare parts to be used on race day must be turned into the Bike Shop on the Wednesday immediately before the race by 7:00pm (women) where they will remain in the possession of the IUSF until race day. After the race is completed, all timing chips must be returned to IUSF before leaving Bill Armstrong Stadium.



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IV. Pits

Each team will choose a pit, according to their qualification position, along the circumference of the track. These pits will be sixteen feet long. An area measured six feet from the retaining fence will be designated for the team members' use (i.e. chairs, warm-up, etc.). No exchanges will be allowed within this area. Each team is allowed to have a maximum of 6 people in their pit on race day—the registered four riders who will ride in the race, one properly credentialed coach, and a properly credentialed undergraduate student coach, as well as one registered mechanic on the infield. One rider will be allowed in the infield with the “B” bicycle. All others associated with the bike team must be situated behind the fence. It shall be the responsibility of the pit crew to supply all needs of the team and to aid in the servicing of the team's bicycle.

V. Exchanges

Each team shall be required to complete exchanges (10 for men/5 for women) during the course of the race. It will be the team's responsibility to check with their track judge to determine if they have fulfilled the requirement. During an exchange, the outgoing rider cannot touch the incoming bike until it has reached the front line of their designated pit area. The exchange must be completed within an area of thirty-two (32) feet (your pit and the pit directly following). In case of a full-bike exchange (2 bikes involved), the outgoing rider can place the rear wheel of his or her bike against the back line of the preceding pit. The rider must stay stationary until a “tag” is executed by the incoming rider. The incoming rider will have until the end of their team's pit to stop the incoming bike. Failure to complete the exchange in the designated area will result in the continuation of the lap by the incoming rider.

A retaining line will be used as a guide to making exchanges. This line will be eight (8) feet from your designated pit area mentioned above in section IV. The remaining twenty-four (24) feet of track will be used for racing purposes. EXCEPTION: When adjacent teams are exchanging simultaneously, one team may step out beyond the restraining line to complete the exchange as long as they do not impede the progress of any other team in the race.

The teams involved will decide which rider uses the exchange area and which rider steps out. Proper exchange etiquette designates that the lead exchange should be completed in the position nearest the infield.

Incoming riders must stop within their pit area. Another team or pit crew member may not stop these riders.

VI. Line-Up

Bicycles will be lined up for the pace lap in the order specified in Section II of these rules. All starting riders will be mounted and ready to ride before the pace lap. Once riders have mounted their bicycles, no crewmember will be allowed on the track.



VII. Pace Lap

One photographer's lap and one warmup lap will immediately precede the actual pace lap and start the race. Teams will follow the pace car around the track for one lap in the order of the starting line-up. On the pace lap, the pace car will maintain a steady speed until it reaches turn two at which time it will gradually increase its speed. Riders will also speed up, but they must maintain their position. Failure to comply with this will be deemed as failure to observe flags found in Section X of the rules. As the first row of riders crosses the start line, the official starter will wave the green flag. The race starts for each team as its row crosses the starting line. If a wreck should occur on the pace lap, the rider should inform one of the judges stationed around the track, in which case the green flag will be delayed.

VIII. Flags

The race will be controlled by the use of official flags, and it is the responsibility of every rider and pit crew to understand the meaning of each flag. Failure to observe flags will result in penalties. The flags and their meanings are as follows:

GREEN	Starting signal, clears course
BLACK	Ride on the outside of the track
RED	Stop; race is halted
YELLOW	Ride with caution and maintain position
BLUE WITH ORANGE STRIPE	Bicycle attempting to pass
WHITE	You are starting your last lap
CHECKERED BLACK AND WHITE	You have completed the race

IX. Conduct

Student riders and coaches will be expected to conduct themselves in a sportsmanlike manner when riding and in the pit areas. When riding, team members will be expected to compete fairly without hindering other riders in any way or improving their position in an unsportsmanlike manner.

When not riding, team members should remain in their designated pit area. Walking to other pits must be avoided because such actions jeopardize the safety or position of another team. One rider may carefully cross the track only when there has been a team accident. No permission is needed from the judge. However, impeding the progress of another rider shall subject the offending team to a penalty as judged by the Chief Steward.

Radios, cell phones, and other electronic communication devices are allowed within the pit to be used by the pit crew. The use of these devices by any rider on the bicycle is strictly forbidden. The use of headphones/earbuds by any rider, coach, mechanic, or student coach is strictly forbidden. Any rider and team found violating this policy will be subject to a 20-second penalty.



X. Penalties

If in the opinion of the officials, teams are guilty of violation of these rules, they shall be penalized for no less than two (2) seconds. This time will be spent in the penalty box located near the start line. Penalties issued during the race must be served within 10 laps of it being announced.

Penalty times shall be as follows:

1. Impeding another team (including the team rider and pit crew) 5-20 seconds.
2. Failure to observe flags, 2 seconds.
3. Creeping will not be tolerated. Track position and relative distance to the leader must be maintained during caution conditions signified by the yellow flag. The team leading the race at the time that the yellow flag is displayed shall be responsible for setting a safe pace. No team shall be penalized for creeping, if in the opinion of the judges, the team is making a sincere attempt to keep pace with the leading team. The Chief Steward will have the option of increasing a creeping penalty upon the severity of the foul.
4. Illegal exchange from bicycle "A" to bicycle "B", 2 seconds.
5. Illegal exchange and unnecessary riding through more than three pits for an exchange, 2 seconds.
6. Unsportsmanlike conduct, 5-20 seconds, depending on severity.
7. Failure to complete ten/five exchanges as required will result in a one lap penalty for each of the exchanges NOT completed.
8. Other infractions not covered will be left to the discretion of the Chief Steward, with the consultation of the judge involved.

The penalty box is located immediately after the start/finish line. Teams will have 10 laps to serve their penalty after it is announced. To serve a penalty, the rider must completely dismount from the bicycle once in the penalty box and wait until the judge determines the penalty is over. Once the judge indicates, the rider will be allowed to mount the bicycle and continue the race.

XI. Safety Zone

Ten feet from the inside of the track, on the infield, will be a white line. The area between this line and the track will be the safety zone with only the following authorized persons in it:

- Chief Steward
- Safety Officials
- First Aid Personnel (after accidents only)
- Injured Riders, Reentering the race under the direction of an inspector
- Team Mechanic
- IUSF staff

Safety Officials and first aid personnel clearing the track after an accident will remove all damaged bicycles from the safety zone as well as the track. The Safety Officials have the authority to give the team mechanics permission to assist with the clearing of the track.



XII. Accidents

On the Wednesday (women) or Thursday (men) before the race, each team must hand over the two issued race day bicycles and any spare parts to be used on race day. The Little 500 Cycling Committee will tag bikes and parts with a race number. Prior to the start of the race, the bikes and spare parts will be placed in each team's pit.

Each team will be allowed to use the "A" and "B" bikes for the team warm-up period. Once the warm up period has concluded, bicycle "B" will be left in the mechanic area (defined as one pit length on either side of the team's pit) on the infield. The team mechanic will be allowed to stay in his or her team's area) during the race. They may leave the mechanic area only in the event of an accident, to go to the Little 500 Cycling Committee on business, to go to the first aid tent to see an injured rider, or to take a bicycle to the pit. When taking a bike to the pit, the team mechanic may stay in the pit for no longer than two laps. Mechanics may also leave the mechanic area during the first 10 laps (men) and 5 laps (women) of the race. No team will be allowed to use another team's bicycle. The IUSF Mechanic will provide a third bicycle in case both bikes "A" and "B" are damaged beyond repair.

Should any accident occur during the race that hinders the normal progress of the race or endangers the safety of the riders (as decided by the Chief Steward), the safety officials stationed around the track will display the yellow flag. At this signal the riders must slow their pace and maintain their respective positions.

The rider in the first position at the time the yellow flag is displayed will set the pace, reduced to a speed satisfactory to the judges. Any distance lost as a result of an exchange cannot be made up under the yellow flag. Any attempt to improve position in respect to the leading team while the yellow flag is out constitutes creeping and is grounds for a minimum penalty of 2 seconds. After display of the yellow flag, a green flag will signify a clear track and normal riding may be resumed. This flag will be displayed to the lead riders as they cross the start/finish line.

When an accident occurs and the yellow flag is displayed, the safety officials near the accident will clear the track and check to see if all the riders involved in the accident are able to continue in the race. Riders that are not seriously injured will be allowed by the safety officials to continue in the race provided that their bicycles are still operable. The decision concerning the condition of the bicycles or riders will be left to the riders/teams themselves. If the medical tent deems it unsafe for a rider to continue to race, that rider must cease to continue to race. Failure to comply with this directive will lead to the team's disqualification. As soon as the pit knows that its team has been involved in an accident, one rider from that team may carefully cross the track and proceed to the accident. An impeding penalty will be imposed if the rider crossing the track interferes with the normal progress of another team. The team mechanic may also leave his or her area and proceed with the B Bicycle to the scene of the accident. If both the rider and the bicycle involved in the accident are back in the race, the substitute rider must return to the pit and the mechanic should return to their area.



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If the rider is injured and the bicycle is not functional, the new rider and/or the new bike must re-enter the race in the area of the accident and at the direction of the safety officials or judge. The team mechanic will take any damaged bicycle to the IUSF Neutral Mechanic. If the bike cannot be repaired promptly, the Neutral Mechanic will give the team a new bike. The team mechanic will then return to their area with the bicycle as soon as possible. If the team mechanic is occupied when another accident occurs, the replacement rider will have to take the replacement bike with them to the scene of the accident.

If a team changes back to a repaired bicycle or to its "B" bicycle later in the race, the team mechanic may cross the track to the pit with the repaired (or "B") bicycle. The exchange of the bicycle will consist of a tag between the incoming rider and the outgoing rider, with the incoming rider completely stopping the incoming bicycle before the end of the team's pit. When the tag is made, the outgoing rider may enter the race. In no event shall the student coach or any other member of the exchanging team touch the incoming bicycle or rider in an effort to stop the said rider or bicycle during the course of the bike exchange.

These rules should cover all types of accidents. If the team mechanic is unsure of what should be done, they should ask the nearest judge for instructions.

XIII. Entering the Infield

The cement gutter around the inside of the track is not to be ridden on. This is considered part of the infield. If a team is forced onto the gutter and into the infield it may enter back onto the track at the direction of the safety officials. Any team attempting to improve its position by riding through the infield will be given a penalty.

XIV. Termination of the Race

The Chief Steward has the authority to delay the start or stop of the race temporarily once in progress if safety requires such action. Moreover, the Chief Steward shall have the authority to terminate the race before its scheduled finish if an emergency demands it. The Chief Steward may call the race completed after three or more bicycles have finished the race. Bicycles flagged down as a result of such decision will earn finishing position according to the number of racing laps completed by each team at the time the race is considered completed.

When the winning team receives the checkered flag, each team will finish their current lap and then return to their pit. The finishing order will be determined by when each team crosses the finish line subsequent to the winner. After the final lap, riders should circle the track and report back to their pits.

At lap 190 (men) and 90 (women), all riders not on the lead lap will be asked to move to the back or exit the pack. A lead pack would consist of three or more riders within the same general area attempting to win the race. Should a team not in contention for victory fail to comply at that time, it may be considered an impeding violation.



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If a race is temporarily stopped, and if the Chief Steward rules that the full 200/100 laps cannot be completed then 101/51 laps shall constitute a complete race. If less than 10 laps are completed, there will be a re-start at lap zero in order of each team's qualifying position, when the race resumes.

In the event of a photo finish or a finish in which there is a ruling by the Chief Steward affecting the winning team, the Chief Steward will make a call on the field. The finish will then be reviewed by the Chief Steward and the Little 500 Race Director. All teams in contention for the victory will be informed of the Steward's and Race Director's final decision and the team's finishing order before leaving the race track. It is the authority of the Chief Steward to decide if the finish needs to be reviewed. All decisions of the Chief Steward are final.

XV. Officers of Little 500

Little 500 Cycling Committee: It shall be the duty of the Cycling Committee to inspect the race facilities, secure the designated officials, check rider eligibility, and uphold rules necessary in order to conduct the race in the safest, quickest, and simplest manner.

IUSF Little 500 Race Director: The IUSF Little 500 Race Director is responsible for overseeing all administrative duties and general management of the race.

Chief Steward: The Chief Steward shall decide all questions relating to the actual conduct of the race for which resolution is not otherwise provided in these rules. They shall have the power to disqualify any rider from further competition in the race for unsportsmanlike conduct. They will have the power to assess penalties. The Chief Steward's decision shall be final and no appeals shall be considered.

Judges: Judges (17) shall be stationed at regular intervals around the track and will report all irregularities to the Chief Steward. The duties are as follows:

1. To report riders who impede others in any way
2. To report riders who improve their position in an unsportsmanlike manner
3. To report riders who enter or leave the track illegally
4. To report teams who do not change riders within the prescribed zone
5. To report any unsportsmanlike practices of non-riders

Chief Observers: The three observers will be stationed in observation towers, one each on the front and back straights. Their main duty is to aid the Chief Steward in the enforcement of the race rules. The observers' duties parallel those of the judges and because of their high vantage point their observations will be used to clarify and support those of the judges. The Chief Steward may also rely on the observers to determine if the severity of an accident warrants display of the yellow or red flags.

Starter: The starter is responsible for giving the following flag signals:



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1. Start the race
2. Stop for consultation
3. Race is halted
4. Ride with caution and maintain position
5. Bicycle attempting to pass
6. Starting your last lap
7. Finish of the race

Safety Officials: The duties of the safety officials are as follows:

1. Clear the track of accidents
2. Control re-entry to the track
3. Point out to the judges any infractions that occur
4. Responsible for the immediate safety of the riders
5. Escort injured riders to the Medical Tent
6. Observation of the safety officials shall not be sufficient grounds for the imposition of penalties unless cleared by the judges

XVI. Miscellaneous Rules Governing the Race

All pre-race penalties assessed at any point during the season must be served within the first 20 laps of the race. In the case of more than one pre-race infraction, the penalties can be combined into one stay in the penalty box.

Any action not covered in these rules and regulations shall be within the purview and discretion of the Chief Steward and Judges. Any team which has been found to violate the rules can be penalized after the completion of the race by adding the prescribed amount of time to the team's finish, by deducting laps, or by disqualification.



Rules Change Procedure

Any rider, team, or group of riders (herein referred to as a “party”) may submit a rule change proposal regarding any race rule or regulation. To do so, the party shall complete the electronic Rules Change Form found on the IUSF website and use the following procedure.

A party must successfully complete the following steps and receive approval for a rule to be amended:

1. Check the Little 500 Team and Rider Manual for existing regulation.
2. Identify a need for an amendment.
3. Clearly articulate the goal of the amendment and submit it electronically via the Rule Change Form to the IU Student Foundation by April 10, 2023:
 - a. The party must note all the sections in the Manual that would be affected by the change.
 - b. Speak to why the rule exists.
 - c. Discuss why the rule needs to be altered now.
 - d. Discuss the long-term effect it will have on the event.
 - e. Present the strengths and weaknesses related to both the existing and proposed rule.
4. Present an oral argument at an official Riders Council meeting to gain support for the rule amendment on May 1, 2023.
 - a. Procedure for Riders Council investigation moderated by IUSF Assistant Director, Little 500 Races:
 - i. Conduct a roll call of attendance.
 - ii. The IUSF Assistant Director, Little 500 Races will give a review of the current affected regulations in the Manual and their histories.
 - iii. The party will give an oral presentation on their written amendment.
 - iv. The meeting will be opened up for questions directed to the party.
 - v. At the conclusion of the question period, Riders Council will have time to debate the issue privately.
 - vi. At any time, Riders Council members may make a motion to vote on the amendment or propose changes to the amendment before moving to a vote.
 - vii. After the motion is seconded, Riders Council will end discussion and officially move to a vote.
 - viii. A two-thirds majority of the present Riders Council will constitute approval of the motion.



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5. The IUSF Assistant Director, Little 500 Races will then bring the case to the attention of the Little 500 Rules Board on May 29, 2023.
 - a. The Little 500 Rules Board consists of:
 - i. The Little 500 Chief Steward.
 - ii. One Little 500 Judge.
 - iii. One representative of the IU Foundation.
 - iv. One representative from the IU Foundation Board of Associates.
 - b. The IUSF Assistant Director, Little 500 Races will present the history and intent of the original regulation and the argument in favor of changing the rule.
 - c. The Little 500 Rules Board will debate the proposal.
 - d. The board is allowed to pose questions and make changes to the amendment.
 - e. The board will make a motion to move to a vote.
 - f. A majority vote will constitute approval.
 - i. A tie will result in denial of the amendment.
6. Upon approval by the Little 500 Rules Board, the recommendations will be given to the IU Student Foundation Director, who will have ultimate veto power. The IUSF Director must sign off on the amendment for it to be implemented.
7. Once the IU Student Foundation approves the amendment, the IUSF Assistant Director, Little 500 Races will make the necessary changes in the Manual. The Assistant Director will also provide the Little 500 riding community with a reasonable notice of the changes by the start of the subsequent Little 500 season.
 - a. Reasonable notice:
 - i. Two written announcements.
 - ii. One oral announcement.
8. If at any time throughout the process, the amendment is denied, the party will receive notice in writing within three business days of the decision.



Little 500 Riders Manual Appendix

I. Little 500 Team Checklist

The online Little 500 Rider and Team Registration Forms must be completed by February 3, 2023. Additionally, payment of \$100.00 for team entry and a \$500.00 check made out to the IU Foundation for the Little 500 bike deposit must be received by IUSF no later than **February 3, 2023**.

- Each individual rider, student coach, and non-undergraduate coach must read, understand, and adhere to the entire Little 500 Rider Manual.
- Each individual rider, student coach, and non-undergraduate coach must complete the [Sexual Misconduct and Workplace Boundaries workshop and quiz](#).
- Each individual rider and student coach must fill out the Little 500 Rider Registration Form and Waiver online (available at the beginning of the spring semester on the [IUSF Website](#)) no later than 11:59 pm on February 3, 2023.
- Each team captain must fill out the Little 500 Team Registration Form online (available at the beginning of the spring semester on the [IUSF Website](#)) no later than 11:59 pm on February 3, 2023.
- Each team must submit a nonrefundable 100.00 entry fee. Payment may be made via credit card online during team registration or with check payable the "IU Foundation". Checks to be mailed to:
 - The Wilcox House
 - 1606 N. Fee Lane
 - Bloomington, IN 47408
- Each team must submit a \$500.00 bike deposit fee. Payment may be made via credit card online during team registration or with check payable the "IU Foundation". Checks to be mailed to:
 - The Wilcox House
 - 1606 N. Fee Lane
 - Bloomington, IN 47408
- Each student and non-undergraduate coach must complete the Little 500 Coach Tutorial, Information Form, and Waiver online (available on the [IUSF Website](#)) no later than 11:59 pm on March 23, 2023.

II. State Bicycle Co. Little 500 Bicycle Specification List

Below is a comprehensive and specific list of permitted modifications to all Little 500 qualifications and race bikes. All parts must be State Bicycle Co. ISSUED, except as noted below. In case of questions, approval must be given by IUSF for additional changes. Failure to comply will result in a penalty being assessed during the race.

1. **RIMS:** Both front and rear wheels may be steel or aluminum. Both wheels must be 700c (or 622 ETRTO). The front wheel must have 32-36 spokes, and the rear wheel must have 36 spokes. No rims with a greater profile than 40mm are allowed.
2. **SPOKES:** Must be round and of steel, no alloy nipples are permitted. Radial spokes are not permitted. Only three-cross patterns are acceptable. Spoke gauge must be 14. Double butted are permitted.
3. **TIRES:** Must be team-issued Panaracer Pasela ProTite 700 x 32c clincher.
4. **FRAME AND FORK:** Only current issued and approved frames and forks are allowed. The frame and fork cannot be tampered with or altered in any way. Only State Bicycle Co. frames and forks are allowed for Qualifications.
5. **STEM AND BARS:** Bars must be of standard dropped shape and taped and plugged. They may be any steel or alloy bar and stem.
6. **HEADSET:** May be of any steel or alloy.
7. **CRANK:** Must be steel or alloy, three-piece crank with factory specified length between 165-175mm.
8. **PEDALS:** Stock issued or rubber pedals can be of any width. No steel rat traps, toe clips, or any other foot-clinching device on the pedal or the rider's shoe is allowed.
9. **CHAIN:** There must be at least 1/4" clearance from the front edge of the rear axle bolt to the end of the dropout. Chain must be 1/8" width.
10. **CHAIN RING:** Any steel or current State Bicycle Co. stock issued 46-tooth chain ring is allowed.
11. **REAR COG:** Any steel 18-tooth cog is allowed. Teeth may not be ground down.
12. **SEAT POST:** Any steel or alloy post is allowed and must be inserted to minimum insertion marked on post or 3" (whichever is longer). Seat post diameter is 27.2.
13. **SEAT CLAMP:** No quick release seat adjusters will be allowed.
14. **SADDLE:** Saddle is up to your own preference. A steel railed seat is suggested for safety.
15. **BOTTOM BRACKET:** Must be three-piece type bottom bracket with cartridge bearings. No loose bearings are allowed.
16. **HUBS:** Rear hub must be a single speed coaster brake type. Both front and rear axles must be bolt-on type, either nutted bolt-on axle or bolt on type skewer. No quick releases allowed. Cartridge bearings on the rear hub prohibited.

All decisions of the Bike Shop and IUSF are final.



III. Little 500 Rider Awards

The following is a list of all Little 500 awards presented at the Little 500 Victory Banquet. Some are determined by a peer vote and others are based off of race results. The following explanations should give you a better understanding of each award.

All-Star Rider Awards

There are eight recipients of this award for both the men and women. The criteria to be an All-Star Rider include excellent performance in the race and series events, being a leader during practice by helping others, and congeniality. The recipients are determined by a peer vote.

Rookie of the Year Awards

This award is given to the top four first time riders for each race. The award is based on riding skill and safety, number of laps ridden in the race, qualification lap times, and performance in the Little 500 Series events. The recipients are determined by a peer vote.

Four Year Rider Awards

The four-year rider award is given to any male or female rider that races in four Little 500 races during their time at Indiana University.

Hall of Fame

A special standing committee elects Hall of Fame riders with ratification from 1/2 of the team vote at the Victory Banquet. A rider may also be elected into the Hall of Fame by a 2/3 write in vote at the Victory Banquet.

Bernard L. Loft Award

This award is given to the men's and women's teams that best exemplify sportsmanship throughout the Little 500 season.

Dixie Heighway Award

This award is given to the men and women's teams who improve their place the most from start to finish.

Howdy Wilcox Pole Position

This award is given to the pole position teams.



Tom McGlasson Spirit Award

This award was created to promote dedication to the spirit and tradition of Indiana University and the Little 500. It recognizes alumni, members of Indiana University, Bloomington Community, or seniors from across the campus that exemplifies the highest ideals of the IU Student Foundation.



IV. Student Resources

Below is a list of campus resources available to all Indiana University Bloomington students.

1. The [IU Health Center](#) located at 10th Street and Jordan Avenue offers medical, wellness, and mental health services, as well as a lab, a pharmacy, an eye clinic, X-rays, and more. This includes help with [sports injuries and concussions](#).
2. The Health Center also offers confidential support through Counseling and Psychological Services ([CAPS](#)). This includes services such as:
 - a. [Video Counseling](#)
 - b. [Workshops and Support Groups](#)
 - c. [Sexual Assault Crisis Services](#) (SACS)
 - d. [Let's Talk: Multicultural Outreach Program](#)
 - e. [Coalition for Overcoming Problem Eating/Exercise](#)
3. Additional sexual misconduct resources are available at [Stop Sexual Violence](#) and [Sexual Violence Support](#).
4. [Student Advocates](#) are available to help you resolve problems so that you can successfully complete your degree.
5. [The Office of Disability Services for Students](#) is dedicated to ensuring that students with disabilities have the accommodations they need to succeed.
6. [Veteran and Military Services](#) offers assistance to students who have served with the United States military.
7. [Student Legal Services](#) offers confidential legal advice and representation to IU Bloomington students.
8. A variety of [Scholarships and Awards](#) are available to IU Bloomington students.
9. The [Crimson Cupboard Food Pantry](#) offers free food for students in need.
10. All of Indiana University's announcements, policies, and information regarding COVID-19 is available [here](#). Information about the impacts of COVID-19 on the 2022-2023 academic year is available.



Appendix



Appendix

