

2017 Little 500 Manual



Dear Rider,

Congratulations and welcome to the Little 500! The Little 500 is one of the most incredible events not only at Indiana University, but in the country. Hailed as the largest collegiate intramural sporting event, and the “World’s Greatest College Weekend”, the Little 500 is truly an event unlike anything you’ll ever see or experience.

This Little 500 Rider’s Manual (“Manual”) contains a comprehensive listing of rules, regulations, training and medical procedures, eligibility guidelines, and important dates. Please read the Manual carefully. If you have a question about something, it will likely be answered in this publication.

The Indiana University Student Foundation is proud to present the 67th running of the men’s race and the 30th running of the women’s race this year. Our full-time staff is dedicated to seeing these races happen in the most organized and fair manner possible. We are fortunate to have our Little 500 Race Director, Andrea Balzano. Andrea oversees the cycling events in the fall and all track activities in the spring. In addition, Andrea advises the Fall Cycling and Little 500 Cycling Committees, as well as the Little 500 Riders Council. Additionally, Tara Vickers is our Director, and she oversees the Alumni Affairs, Membership, Pre Race, and Freshman Council Committees. Beth Miller serves as our Assistant Director of Operations. She is responsible for all business operations of IUSF and advises the Philanthropy and Marketing Committees. Emily Tipton, our office coordinator, oversees our loaner bike program, as well as our day to day operations at the Wilcox House.

While on the track you will be in contact with members of the IUSF Steering Committee, the student governing body of IU Student Foundation. Specifically you will see members of the Little 500 Cycling Committee (L5C2), one of the eight spring committees we have. They are charged with the day-to-day management of track practices, qualifications, series events, and pre-race meetings.

The Riders Council is another group you will see on a daily basis. The Riders Council is made up of veteran riders that have been around the race. They are charged with increasing participation, developing teams and riders within the Little 500 community, teaching first-year riders the basics of riding and Little 500, and helping to increase safety by conducting educational clinics and workshops throughout the Little 500 season. They will be easily recognizable with their Riders Council jackets. When it comes to riding in the race, these veterans know it all. Don’t hesitate to approach them and ask for help—that’s what they are there for!

Again, congratulations on your participation, and keep up the hard work!

Best regards,

Tara Vickers, Director
Indiana University Student Foundation





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The Indiana University Student Foundation

The mission of the Indiana University Student Foundation is to grow lifetime commitment to and support for Indiana University through student-led programming and leadership development opportunities that are educational, philanthropic, and fun.

The Indiana University Student Foundation (IUSF) is the sponsoring organization of the Little 500® cycling events and other activities throughout the year such as the Metz Grant Program, Hoosier Donor Day, Fall Cycling Series, Little Fifty, IUSF Leadership Awards, and the Hoosier Legacy Grant Program.

IUSF is the student-programming arm of the Indiana University Foundation, a nonprofit organization established to raise funds for the University and its students. IUSF aids in the fundraising efforts of the IU Foundation while also cultivating participation in its 500 undergraduate members through its leadership-development activities and programming.

Since its inception in 1950, IUSF has grown to an organization of several hundred student members annually with over 21,000 alumni. The Student Foundation fostered the growth of the Little 500® and continues to award the proceeds from the races to working students in the form of scholarships. To date, more than \$2,000,000 has been raised for scholarships.

Goals of the IU Student Foundation:

- Provide members with excellent programs that offer enriching student-led leadership and social opportunities.
- Educate the student body about the importance of private support to Indiana University.
- Communicate a consistent brand and image for the Student Foundation
- With continued support of the IU Foundation, build the endowment fund for Student Foundation operations.
- Ensure the Little 500 weekend remains a successful signature event, one steeped in tradition yet relevant to the contemporary campus community.
- Increase the opportunities for alumni to engage with IUSF and Indiana University.

The event goals of the Little 500® races are:

- To provide a fun, worthwhile intramural activity for the campus.
- To foster spirited rivalries.
- To provide an environment where eligible teams have an equal opportunity and realistic chance for success.
- To provide leadership opportunities.
- To promote the event in a way that encourages team support by spectators.
- To create an opportunity for Little 500® alumni to return and enjoy the event.
- To generate income from ticket sales to fund working student scholarships.



Brief History of the Little 500®

In 1951, the inaugural Little 500 bicycle race was held. It began as the project of a new student group on the IU campus known at that time as the "Student Foundation Committee" of the Indiana University Foundation. The race was a brainchild of Howard "Howdy" S. Wilcox. After watching IU students race bicycles around their dorms, he was inspired to organize a bicycle race patterned after the Indianapolis 500, a race that his father had won in 1919.

The event was to be intramural in nature and designed for all IU undergraduate students. It featured thirty-three, four-person teams representing their respective housing units. The purpose of the event was to raise money that would provide scholarships for students on the Bloomington campus. The first Little 500 was a tremendous success and consequently spurred further development of the Indiana University Student Foundation (IUSF).

In 1987, Kappa Alpha Theta sorority entered a team in the Little 500 and attempted to qualify for, what was then, an all-male event. They narrowly missed making the field, but in doing so, demonstrated the interest felt by the women on campus in having a race of their own. So in 1988, the first women's Little 500 took place. Its rules and the enthusiasm parallel that of the men's race.

In addition to the excitement of the competition, the race has another side. Since its beginning in 1951, the Little 500 has provided an opportunity for students to get involved and express their university spirit. In its first year, the Student Foundation raised enough money to award sixty \$100 scholarships to working students. Today, it proudly boasts that this sum has reached over \$2,000,000 in scholarship money. Through years of changing trends, the purpose of the event remains the same - "Helping those who help themselves."

After the tragedies of September 11th, 2001, IUSF established the Nine-Eleven Scholarship Fund from 2002 Little 500 race proceeds to memorialize the loss of three fathers of IU-Bloomington undergraduate students. Little 500 race proceeds, along with alumni and other contributions, raised over \$100,000 for the fund, which provides three yearly \$1,500 scholarships for IU-Bloomington students.



Two-Second Penalties

The following meeting and/or functions are mandatory, which means at least one member from your team or a team representative is required to attend. Failure to do so will result in a 2-second penalty for your team during the first 20 laps of the race.

Cycling for Scholarships Meeting	Wednesday	February 22
Pit board design due (First-Year teams only)	Friday	March 31
Practice Start	Tuesday	April 4
Practice Start	Thursday	April 13
Practice Race	Monday	April 17
Final Race Briefing	Monday	April 17
Lap counter/Race final four cards due	Monday	April 17
Team Lap Counter Meeting	Wednesday	April 19
Women's Bike turn-in	Wednesday	April 19
Men's bike turn-in	Thursday	April 20

Other Mandatory Meetings

The following meetings and/or functions are also mandatory and will require at least one member from your team or a team representative to attend. Failure to do so will prevent your team from receiving information necessary to adequately prepare for the race.

Qualifications meeting	Monday	March 20
Jersey/Pit meeting	Monday	March 27

Additional two-second penalties will be enforced against teams that fail to fulfill other student coach or rider hour requirements (see pages 8 and 9).



2017 Little 500 Track Practice Times

Monday–Thursday:
early = 2:30pm – 6:00pm
late = 6:15pm – 9:45pm

Women’s Schedule

Monday: early
Tuesday: late
Wednesday: late
Thursday: early
Friday: Alternate

Men’s Schedule

Monday: late
Tuesday: early
Wednesday: early
Thursday: late
Friday: Alternate

Friday Schedule

Alternate
2:30-4:45 p.m.
5:00-7:15 p.m.

Track Closures and Adjustments

Tuesday, March 21 (Qualifications Practice – Scheduled Quals Runs*)	6:00-10:00 pm
Wednesday, March 22 (Qualifications Practice – Scheduled Quals Runs*)	6:00-10:00 pm
Race Week, April 17 through April 19	2:30-4:45/5:00-7:15 pm

***Scheduled Qualification Runs – Teams will be able to sign up for practice qualification runs at the Qualifications Meeting.**



Rider Track Hour Requirements

Rookie Rider Requirements

Early Fulfillment Rookie Requirements

Fall Semester:

- Complete 3 out the 3 Little 500 Skills
- Participate in 3 out of the 5 Fall Cycling Events (Thursday Night Race Series or Fall Cycling Series)
- Attend 5 out of the 10 Little 500 Group Rides (Starting August 26th)
- Attend 1 of 2 Rookie Seminars
- Pass the Rookie Exam with 85% or more correct answers
- Must meet a minimum of 17.5 hours at the track between Rookie Week and the race

Traditional Rookie Requirements

Spring Semester:

- Must attend Rookie Week 100% of your available time (available time being defined as any time you are not in class or at work)
 - You must submit your spring class and work schedule during team registration
- Must meet a minimum of 17.5 hours at the track between Rookie Week and the race
- Participate in a minimum of 2 Spring Cycling Events
- Pass the Rookie exam with 85% or more correct answers

Veteran Rider Requirements

- Must meet a minimum of 17.5 hours at the track between Rookie Week and the race
- Minimum number of hours logged at track practice by Friday, March 24th to ride in Qualifications: 7.5 hours.
- Minimum number of hours logged at track practice by Thursday, April 20th to ride in the Little 500: 17.5.
- Riders failing to meet the requirements and minimums will be ineligible to participate with their teams in Qualifications and/or the Little 500.



Indiana University Student Foundation Little 500 Student Coaching Requirements

1. All student coaches must validate one of the following
 - a. That they have already completed Student Coaching requirements in a previous year and are cleared through IUSF

Or

 - b. That they have completed the Little 500 Student Coach Training. Must attend 3 out of the 4:

February 13th, 9:00-10:00 p.m., Hodge Hall 109
February 21st, 9:00-10:00 p.m., Hodge Hall 109
March 1st, 9:00-10:00 p.m., Hodge Hall 109
March 9th, 9:00-10:00 p.m., Hodge Hall 109

AND

2. All student coaches must also meet all of the same eligibility requirements as a rider.

Though not a requirement it is strongly encouraged that each Student Coach attends the following meetings.

Qualifications meeting	Monday	March 20
Jersey/Pit meeting	Monday	March 27
Final Race Briefing	Monday	April 17
Team lap counter meeting	Wednesday	April 19



Little 500 Training & Medical Rules and Policies

I. Rules

All participants of the Little 500 must carry personal health insurance. All persons injured in Little 500 activities are required to see the trainers on duty for an evaluation of the injury. If the trainer decides that the injured rider needs to see a physician or go to the Health Center, the rider must receive a release from an authorized medical professional in order to participate again.

IMPORTANT: This release should only say that the medical professional has examined the injured person and the medical professional must sign it. NOTE: IUSF cannot legally request a doctor's permission for a rider to resume practice; however, IUSF can insist on a signed statement from a medical professional that he or she has seen the injured rider. Any person not reporting an injury or not obtaining the necessary release before participation in a Little 500 event shall be subject to disqualification. Any team knowingly allowing such a violation shall be subject to disqualification at the discretion of the Little 500 Cycling Committee.

- A. All persons treated at the Training and Medical station (known as T&M) must be seen by the trainer in charge.
- B. Only the trainer in charge of T&M can suggest what medication to administer for a given injury.
- C. There must be an injury report completed by the injury recorder for each person who is examined and/or treated at the T&M station.
- D. **INSURANCE:** All participants of the Little 500 must carry personal health insurance. The IU Student Foundation carries accident and medical insurance to offset the costs of medical care for participants in the Little 500 during track practice, series events, and the race. This insurance is effective during the Little 500 season. The policy states that said accident must be on file with the T&M committee of the IU Student Foundation. **The policy is limited to \$2,000 coverage with a \$100 deductible** (*insurance is subject to change).



Little 500 Bike Team Financial Sponsorship Policy

The Indiana University Student Foundation provides the race day sponsors for each Little 500 team. These are general sponsorships of the race activities, and the Indiana University Foundation determines the sponsorship fee. The money obtained from the sponsors helps offset the costs of adequate track preparation, bikes and bike repair, race jerseys, and other race related expenses. Once a team has received its official sponsor it may not request additional funds from that sponsor. Nor may any official race sponsor be solicited for financial support prior to qualifications.

Once teams qualify, Indiana University Student Foundation staff will assign a sponsor to them. Race day sponsor recognition provided by a team is limited to the sponsor assigned to that team by the Indiana University Student Foundation. Such recognition includes, but is not limited to, sponsor recognition on clothing, pit boards, flags, etc.

IUSF also requests that each team send its official sponsor information and pictures regarding the team and its members. Many sponsors send representatives to the race and are interested in knowing more about their teams. Names and addresses of sponsor contacts will be provided by IUSF after they are assigned.

IUSF reserves the right to penalize any team that does not follow this policy.



Little 500[®] Stadium Entrance and Parking Policy

1. There is ample parking in the Bill Armstrong Stadium parking lot for use by riders.
2. Riders and coaches are not allowed to park within the gates of Bill Armstrong Stadium, i.e. near the track, underneath the bleachers, or by the fencing. Cars parked inside the stadium will be towed without warning.
3. The parking lot behind St. Paul's Catholic Church is for church use only. No riders, coaches, volunteers or spectators may use the parking lot for any reason. Cars parked in the church parking lot will be towed without warning.



Little 500 Trademark Policy

“Little 500®” is a registered trademark owned by the Indianapolis Motor Speedway (IMS) and licensed to the Indiana University Student Foundation. IUSF is responsible for ensuring that all apparel bearing the trademark adheres to the terms of the license from IMS.

The Little 500® name may only be used in the official registered form. “Lil 5”, “Little 5”, “Little Five Hundred”, etc. are not approved uses of the trademark. The Little 500® name may not be used in connection with, or in reference to: drugs, tobacco, alcohol, sexual innuendo or in other similar contexts that in the opinion of IUSF would reflect negatively on the Indiana University Student Foundation, Indiana University Foundation, Indiana University or the Indianapolis Motor Speedway.

IUSF approved vendors are aware of these terms of use and will work with you to make sure you are in compliance when ordering your Little 500® apparel. Further, since the Little 500® is an official IUSF event, all Little 500® apparel must also include the IUSF logo. Placement of the IUSF logo is for each organization to decide, but it must be visible. The approved vendors will have a copy of this logo for your use.

Please contact the following approved vendors for your Little 500® apparel needs:

Underground Printing—ugbl@undergroundshirts.com or call 812-558-0286

Taylor Imprinted Sportswear—taylorisp@tisbook.com or call 812-331-6795

If your team intends to have Little 500® appear on any team t-shirts, please be sure to complete the Little 500® Trademark Contract and submit it to the Wilcox House.



Little 500® Rules of Eligibility

Section I. Student Rider and Coach Status

- A. Age:** All students desiring to participate as a rider or a coach in any Little 500-related event must be at least 18 years old in order to participate in the event. This includes, but is not limited to, Friday Rides, Thursday Night Race Series, Fall Cycling Series, Track Practice, Spring Series, and the Little 500.
- B. Enrollment:** All students desiring to participate as a rider or coach in the Little 500 must be full-time undergraduate students enrolled at the Bloomington campus of Indiana University during the fall and spring semesters of the year of participation.
- C. Grade Point Average:** In addition, he or she must:
1. Have achieved a minimum of 2.00 GPA in the fall semester prior to participation. Student riders and coaches who were members of a Little 500 team in the previous year (not limited to the final four members) must also have achieved a 2.00 GPA during the spring semester of participation.
 2. Have a cumulative GPA of 2.00 or better
 3. Be a full time student at the Bloomington campus carrying a minimum of 12 hours in the fall semester prior to participation
 4. Be a full time student at the Bloomington campus carrying a minimum of 12 hours in the spring semester of participation
- D. Incomplete Classes:** Any incomplete will be counted toward the semester in which the class was originally registered. In order to be eligible, a student must submit a protest with valid documentation
- E. FX:** The hours from a class that has been "FXed" will not be considered a part of the required hours taken during the semester in which that class is "FXed."
- F. Correspondence Classes:** Students may take correspondence classes; however, these courses will not be counted toward the twelve credit hour minimum. This is in accordance with University policy under the guidelines for full-time student status.
- G. Graduating Seniors:** Graduating seniors (May, June and August) must also meet the requirements above, except that May graduates may take as few as six credits for the spring semester directly preceding graduation, and June and August graduates may take as few as six credits for the spring semester directly preceding graduation. This only applies to graduating seniors with less than 24 credits remaining before graduation. Such students must take at least half of their remaining credits in that final spring semester and at least six of these credits must be for a grade and not Pass/Fail. Any graduating senior who wishes to retain eligibility while carrying between six and twelve hours must produce a transcript reflecting their credit hours and will then forfeit any further eligibility



beyond that year's event.

H. Internships and CO-OPS: Any undergraduate who participates in an accredited Indiana University internship or co-op program in the fall semester directly preceding the Little 500 may substitute the internship credit for the normally required twelve credit hours if and only if that student earned a minimum of three credit hours for that work and he/she was a full-time student for the two semesters immediately preceding the internship semester. A student substituting an internship or co-op must submit a protest with verification of the internship or co-op and what it entailed.

I. Years of Eligibility: Each undergraduate may compete in the Little 500 race for a maximum of four times within a five-year period, except as otherwise limited by these rules. This five-year period begins with one's matriculation at any accredited university. Military Exception: If at any time after matriculation and before a student's fifth year of school, he/she enlists in the military for a period of more than a year, that student will have seven years to compete in three races from matriculation date.

If a student was on his/her team's qualification list and/or final four race day list, that student is considered to have used one year of riding eligibility.

J. Graduation: Once a student has graduated, i.e. received a diploma, that person is considered ineligible to participate in the Little 500 except in case of a foreign student completing a one-year exchange program as an undergraduate.

Section II. Amateur Status and Associated Affiliations

The Indiana University Student Foundation Little 500® events are amateur and intramural in nature and are designed to create opportunities for students to compete successfully in cycling.

To maintain the Little 500's amateur and intramural status, the IUSF has established rules regarding participants' association with organizations that seek to enhance the proficiency of student-riders thereby elevating them beyond a level is not commensurate with the participation goals of the Little 500®. These rules are set forth below

A. Professional Status: Any rider who is, or ever has been, classified under one or more of the following professional categorizations shall be deemed ineligible to ride in the Little 500®:

1. Any rider who has held or obtained a professional status in any sport related to cycling or a sport that could be used as conditioning for cycling. A list of cycling related sports includes, but is not limited to, speed skating, mountain biking, and triathlons.

2. USA Cycling (USAC) Professional or "Pro" Category

3. National Off Road Bicycling Association (NORBA) "Pro" Category

4. American Bicycle Racing (ABR) "Professional" or "A" Category

5. Any foreign or domestic equivalent to USAC or NORBA "Professional" as determined by USA Cycling



- B. USAC Categories:** Any rider who has held, presently holds, or will hold a USA Cycling Category I or II license prior to race day shall be deemed ineligible for the Little 500®.
- C. NORBA Categories:** Any rider who has held, presently holds, or will hold a National Off-Road Bicycling Association "Pro" license prior to race day shall be deemed ineligible for the Little 500®.
- D. ABR Categories:** Any rider who has held, presently holds, or will hold an American Bicycle Racing "A" or "B" (men's road and/or track), "A" (women's road and/or track), or "A" (men and women off-road) license prior to race day shall be deemed ineligible for the Little 500®.
- E. Foreign Categories:** IUSF has the right to review any participant's foreign license to determine its equivalence to either USA Cycling or ABR status. If it is found that the foreign license in question is equivalent to a USA Cycling Category I or II, NORBA "Pro" or "Elite" and/or ABR "A" (off-road and women's road and track) or "B" (men's road and track only), that person will be deemed ineligible for the Little 500.
- F. Special Competitions:** Any rider who temporarily upgrades his/her USAC and/or NORBA status to an aforementioned ineligible categorization, expressly for the purposes of riding in special competitions and/or attempting to qualify for a particular cycling team, will be considered ineligible to ride in the Little 500®.
- G. Varsity Letter winners:** Any rider who participated on an intercollegiate cycling team and earned a varsity letter is ineligible to ride in the Little 500®.
- H. Intercollegiate Participation:** Any rider who participated on a varsity intercollegiate cycling team but did not win a letter must sit out for a period of one year from the last date of varsity membership.
- I. Amateur Status Exception:** In order to protect the development and encourage the natural progression of Little 500 riders who enter the Little 500 with no advanced cycling experience, an exception to the Little 500 Amateur Status rules will be made if the rider meets the following requirements:
1. If a student enters Indiana University without any advanced cycling experience:
 - a. USAC (Men: No experience or Category 5)
(Women: No experience or Category 4*)
 - b. ABR (no experience or Category 4)
 - c. Junior (no experience in national junior events)
 - d. NORBA (no experience or Beginner level), and
 2. And, that student has 2 previous years of Little 500 participation
 3. Then that rider will retain their Little 500 eligibility and permitted to upgrade to:
 - a. USAC Category 1 or 2 level
 - b. ABR Category 1 or 2 level
 - c. NORBA Pro level.

* USA Cycling does not categorize women cyclists as category 5; therefore, IUSF will recognize category 4 women cyclists as having no experience.



4. After upgrading, that rider will retain 1 year of eligibility, which must be used the following year, and the rider must participate with his/her same team from the preceding year.

Riders who meet the terms of this exception must submit a protest to the Little 500 Race Director (by the standard protest deadline).

Section III. Housing Affiliations

A. Teams: Men's teams entering the Little 500 may do so under one of the three categories of teams: **Independent, Residence Hall, or Fraternity**. Women's teams entering the Little 500 may do so under one of the three categories of teams: **Independent, Residence Hall, or Sorority**. A Residence Hall, Fraternity or Sorority (also referred to as a "housing unit") may enter only one team per year. A Residence Hall may consist of a floor, a pair of floors in one building, or an entire building complex. A Fraternity or Sorority may enter only one team per year that must be made up entirely of members of that fraternity/sorority.

B. Active Affiliation: Any person wishing to participate on a Fraternity or Sorority team must be either living in that Fraternity or Sorority house or "actively affiliated" with it, subject to Part C below. "Active Affiliation" shall mean for a Fraternity or Sorority that the individual is an active member in good standing with the Indiana Chapter, or an individual who has officially pledged that chapter. An individual may claim active affiliation with a Residence Hall without having lived in that Residence Hall.

C. Active Affiliation as Independents: Riders wishing to participate on an independent team may do so if they are:

1. Not affiliated with a Fraternity or Sorority, and
2. No more than two riders from the same Residence Hall with no team may ride on the same independent team.

D. Changing Active Affiliation:

1. Once a student has made the decision to become actively affiliated with a particular housing unit, that student will be affiliated with that unit's team, so long as it exists, throughout the student's eligibility. A rider may not change teams where the original team still exists unless he/she chooses to sit out one year to claim a new affiliation.
2. No student will be eligible to participate in the Little 500 if he/she has participated in the immediate previous year for a team different than the team on which they are participating in the forthcoming race. IUSF staff may make an exception to this rule for a participant whose previous year team is not participating in the forthcoming race. However, under no circumstances shall a participant ride on a team in the forthcoming race with participants who rode on different teams in the immediate previous year. A student is considered "a participant in the immediate previous year" if he/she was on a team's qualification team and or final four race day list. A team is considered intact if two or more riders from the immediate previous year squad intend to ride in the forthcoming race.
3. If a student participated in the immediate previous year and was a member of a Fraternity or Sorority and has since deactivated, de-pledged, or attained alumni status from the chapter and



is still eligible to participate, then he/she must sit out one year in order to claim a new affiliation with another team.

4. If a group of students rode as a team under the affiliation of a Fraternity or Sorority in the immediate previous year and that chapter is no longer recognized by Indiana University, those individuals may continue to participate as a team.

5. A rider may ride in the race with, or attempt to qualify with, a maximum of two teams within his or her years of eligibility, as defined in this section.

6. A rider may participate in only one Little 500 race through affiliation gained by being a pledge in a Fraternity or Sorority.

7. A rider who agreed to participate with a Residence Hall or an Independent team in the immediate previous race, but who prior to March 1 of the immediate previous year pledged a Fraternity or Sorority, may participate with the Fraternity or Sorority in the forthcoming race without sitting out for one year. However, if that rider pledged a Fraternity or Sorority after March 1 in the year of the immediate previous race, he/she must sit out one year in order to claim a new affiliation.

8. Falsification of any information submitted to the IUSF under this section will be grounds for automatic disqualification from that year's event. Furthermore, a one-year suspension from the Little 500 shall be imposed in addition to the one-year sitting out period for a new affiliation.

E. Illegal Recruiting: Illegal recruiting is defined as making cash payments and / or giving free room and board or other perks to student riders in exchange for their services as riders. IUSF reserves the right to perform a thorough investigation of any team or individual suspected of illegal recruiting.

1. Students who are suspected of involvement in illegal recruiting as defined in this section E may be required to produce financial statements proving they paid for their own room, board, social dues, etc.

2. All teams who wish to enter a rider who has previously ridden in the Little 500 for a different team may be asked to fully disclose all of the new rider's financial and any other relevant information to IUSF upon his/her entry into Little 500 and at such subsequent times as IUSF deems reasonably necessary.

3. Penalties for teams found to have engaged in illegal recruiting can range from a race-day time penalty to disqualification from that year's race.

Section IV. Substance Abuse

A. Controlled Substances: Any participant (student rider or coach) suspected of using controlled substances or performance-enhancing drugs will be required to submit to medical testing.

1. No participant may refuse or fail to complete testing or attempt to subvert or falsify test results. The term "subvert" shall include, but not be limited to, the use of a substance or process that has the effect of masking the detection of a prohibited substance.



2. The expenses of the testing shall be borne by the participant suspected of using, and the physician to perform the medical procedures shall be selected by IUSF.
3. If test results are positive, the participant in question may be subject to state and federal legal action, Indiana University Disciplinary Procedures, and lifetime loss of eligibility to participate in the Little 500. Furthermore, the participant's team will forfeit any placing in that year's event.

Section V. Rider Waiver and Insurance

- A. Rider Waiver:** Every rider planning to participate in practice, qualifications, or the race is required to sign a waiver provided by IUSF in this Manual.
- B. IUSF Insurance:** The IUSF carries accident and medical insurance to offset the costs of medical care for participants in Little 500 track practice, qualifications, series events and the race. This insurance is effective during the Little 500 season.
- C. Personal Insurance:** All participants must carry private health insurance in order to participate in the race, to protect against training accidents on the road and/or as a supplement in case injuries occur that are not fully covered under IUSF insurance.
- D. Physical Examinations:** IUSF recommends that all participants undergo a physical examination from a qualified physician before participating in either practice or Little 500 events.

Section VI. Sportsmanship

IUSF endeavors to create an environment of positive, safe intramural competition, and sportsmanship. Little 500 teams will be held accountable for the actions of their student riders and coaches, non-undergraduate coaches, and any other supporters. Consequences may include pre-race penalties, rider or coach expulsion, or team removal from the event. The following are elements of good Little 500 Sportsmanship:

- A. Track Safety:** While practicing or racing in the Little 500 or Series races student riders and coaches must observe all safety regulations and quickly respond to instructions from the Riders Council and IUSF supervisory personnel.
- B. Rules Violations:** Teams must read and understand all information in the Manual, and abide by the rules and regulations therein. In the event that a student rider or coach becomes aware that he/she or any individual affiliated with another team, has committed a rules violation, that individual should report those violations to IUSF staff members.
- C. Event Philosophy:** Teams should understand the goals and philosophy of the Little 500, as listed in the Manual, and do their best to live up to them.
- D. Officials:** Teams should respect the decisions of IUSF supervisory students and/or staff, Riders Council members and event staff. Teams should avoid outbursts or demonstrations on the track



during practice, Series Events, or the Little 500 itself that are designed to belittle race officials, students, or volunteers.

Section VII. Rules Policy

- A. Safety & Conduct Rules:** The IUSF Steering Committee and Staff reserve the right to make any adjustments in the rules when necessary in regard to safety and conduct.

- B. Eligibility Rules:** The IUSF Steering Committee and Staff may make changes in the eligibility rules at any time; however, IUSF will provide reasonable notice of any changes. In addition, IUSF officials have the authority to take any action they deem appropriate, in addition to those outlined above, to address any violation of these rules.



IUSF Protest Procedure and Appeals Board Description

Protest and Appeal Procedures

1. Protest: The student must submit an electronic protest (IUSF website) along with supporting documents by **11:59 p.m. Wednesday, February 8, 2017.**

NOTE: IUSF staff runs a grade and credit hours check of all registered Little 500 participants.

2. IUSF Decision: The Little 500 Race Director will review the protest and documentation and conduct any necessary investigation and/or interviews. He or she will then make a decision. If the Race Director rules favorably, then the protest is passed. If he or she rules against the protest, then the student has the opportunity to file an appeal with the IUSF Appeals Board. If the student does not choose to file an appeal, then the protest is considered to be denied and cannot be submitted again.

3. Appeal: A student wishing to appeal must submit an electronic appeal IUSF website to the IUSF Appeals Board along with payment of \$30.

4. Hearing and Final Ruling: The Appeals Board will hear the verbal appeal of the student and/or his/her representative. The student appealing must be present at the hearing. The Race Director will present the case on behalf of IUSF and in support of the original ruling. After both sides have presented arguments, the Appeals Board will deliberate in private and reach a final decision. The student appealing will be notified in writing of the outcome.

5. Protest Periods: The spring protest deadline is **February 8, 2017.** Spring protests will be decided by **February 13, 2017** involving cases applicable to the current year's race (**2017**).

IF YOU DO NOT FILE A PROTEST BY FEBRUARY 8, 2017 AT 11:59 P.M., AND IUSF DETERMINES YOU TO BE INELIGIBLE AFTER THAT DATE YOUR PROTEST WILL NOT BE CONSIDERED



What May Be Protested

A written protest may be filed for anything that a student rider or student coach finds conflicts with the Little 500 eligibility rules. This includes GPA requirements, student status, team switching, etc.

Students may also protest the actions or conduct of other individuals or teams that are participating in the Little 500. These protests will be heard in the spring.

Appeals Board Description

The purpose of this board is to decide appeals concerning any eligibility issues of riders who have been deemed ineligible by IUSF. It is not the function of the Appeals Board to change the rules of IUSF events. Rather, it exists to hear reasons why a ruling was incorrect or exceptions should be made to the existing rules.

The IUSF Appeals Board consists of 7-13 members appointed by the IUSF Director who are Indiana University-Bloomington undergraduate students, alumni, faculty and staff. The Appeals Board includes:

- IUSF President
- One or more IUSF Steering Committee members
- One or more general IUSF members
- One or more male members of Riders Council
- One or more female members of Riders Council
- IU Foundation Board of Associates President and/or his/her appointee,
- One or more other members as appointed by the IUSF Director.

All members will serve for the entire academic year.



Track Practice Rules

1. At all times when participating in an event hosted by IUSF, any rider on a bicycle shall wear a protective, securely fastened helmet that satisfies the standard set by US DOT or CPSC. A \$25 fine will be applied for failure to wear or for removing such a helmet during any IUSF event. The fine is also applicable to participants riding a bicycle in the vicinity of a race or practice at any time between the beginning of registration and an hour after the scheduled end of the event, but does not apply to riding rollers or stationary trainers in order to warm up. If the rider fails to pay the fine, he or she will not be allowed to participate in Qualifications, Series Events, or the race.
2. The only entrance to the Bill Armstrong Stadium for spectators and volunteers is the path off of Fee Lane, leading to the northwest corner of the track.
3. Use of St. Paul's Catholic Church parking lot for any reason is strictly prohibited to all teams, spectators and volunteers. Violation of this rule will result in the car being towed and disciplinary action being taken against the responsible team. Teams are responsible for informing their spectators of this rule.
4. All spectators must stay off the infield. If any housing unit is caught crossing the track during practice time, their team will be unable to participate in the rest of the day's practice.
5. The only people allowed on the track are eligible Little 500 riders, Little 500 coaches, IUSF staff and IUSF volunteers. The coach must remain in the pit area (designated by white lines). Remember that anyone not riding must stay in the stands or on the outside of the fence.
6. The track will be divided into lanes. Both straightaways will be separated into two areas. The inside lane closest to the concrete gutter will be designated as fast riding only. Outside of the lane is for slow riding and/or exchanges. No exchanges will be permitted inside the white line.
7. Only two team members are allowed to ride on the track at any given time. If a team has a member on Riders Council, that person is allowed on the track at all times even if two other team members are riding. If a team has two members on Riders Council, only one may be on the track at the same time as the other two members. The only exception to this rule is if there is an announcement made over the PA allowing additional riders on the track.
8. Packs will be broken up at the discretion of the Riders Council at the track.
9. Riders must wear gloves at all times.
10. No toe straps on pedals are allowed. Handlebars must be taped and plugged.
11. After every exchange at least one full lap around the track must be taken.
12. Hand and voice signals must be used during exchanges. An audible voice and signal directed to a team must be used when attempting to pass a pack. The relief rider making the exchange must inform the teams on either side of their pit about their intention to exchange.



13. The Bill Armstrong Stadium Little 500 track is authorized for practice Monday through Friday from 2:30pm-9:45 pm during the official Little 500 season. In addition to these times, IUSF has authorized additional track practice opportunities and a Little 500 Spring Break Camp. Riders and/or Teams found using the track during unauthorized times will receive a pre-race day penalty:

Women's Teams = 10 seconds

Men's Teams = 10 seconds

14. Any rider endangering the safety of the other riders is subject to report by members of the Little 500 Cycling Committee and Riders Council members present at the time. Any team blatantly violating safety rules is subject to a race penalty.



Little 500 Spring Series Rules

Individual Time Trials (ITTs)

Date: Wednesday, March 29, 2017

Time: 3:00pm - Check-in begins at 2:45pm (check in 15 minutes prior to heat)

Registration: Only properly registered Little 500 riders are eligible to compete. The heats will begin promptly at 3:00pm. All riders must check in twenty (20) minutes prior to their starting time. Any rider not checked in by the appropriate time forfeits his/her right to compete in this event.

The Race: Participants will compete in heats of four along with other riders of the same gender. Riders will proceed through the following stations:

- Registration/Check-In
- Turn 3 Gate and Final Briefing
- Warm-up
- Take the Track

In each heat, one participant will be placed at each of the four corners of the track. From a standing start, at the sound of the horn, each heat participant will make four (4) full and complete laps. The participant will stop riding and exit the track after all four riders have completed the race. The ensuing heat will begin approximately two (2) minutes after the preceding heat is completed. Both the men and women's Individual Time Trials champion will be determined solely on the basis of their individual time. If a rider crashes or falls from his/her bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately, or (2) withdraw from the event. ITTs will not stop in the event of an accident.

All riders must start at their scheduled time. In the event a rider misses his/her scheduled starting time or has a mechanical failure, he/she will not be allowed to start at another open time slot unless there is available time at the end of the event, which cannot be guaranteed.

Rules & Procedures: All riders will be expected to pass other riders on the outside. Judges will be provided for this event to judge drafting. If it is the opinion of the judges that a particular rider is drafting, he/she will be disqualified from the event and asked to exit the track immediately.



Miss N Out

Date: Saturday, April 1, 2017

Time: 12:00 p.m. check-in begins at 11:40 a.m. (riders should check in 20 minutes prior to their start time)

Registration: Only properly registered Little 500 riders are eligible.

The Race: Check-in begins at 11:40 a.m. Prior to the assigned heat, each rider proceeds through the following stations:

- Registration/Check-in
- Turn 3 Gate/Chipping
- Warm-up
- Final Race Briefing
- Take the Track

This race will be run in individual heats. Participants will only compete against other participants of the same gender. Riders must wear their assigned number on the right side of the lower back. The number of heats and the number of laps (per heat) will depend upon the number of participants in each heat. Each heat will begin with one (1) pace lap around the track. After the pace lap, in every subsequent lap, the last rider to have his/her front tire cross the start/finish line will be eliminated from competition and asked to leave the track without interfering with remaining riders. The top three riders of each first round heat will advance to the next round and must check in at the whiteboard at turn 3 to find out next round placement. Every round thereafter, only two (2) riders will advance until the semifinal heat when three (3) riders advance. In the Championship Heat, racing will continue in the same fashion as before until the heat is down to only three riders. These last three riders will ride one non-elimination lap followed by one last lap to sort out the top first through third finishers judged by the front edge of the tire. If a rider crashes or falls from his/her bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately or (2) withdraw from the event. In the event of a wreck, Miss N Out may go into caution and non-elimination laps until it is safe to resume racing. Due to the seeded nature of the event, a rider who experiences mechanical problems will not be given a second opportunity to ride in the event.



Team Pursuit

Date: Sunday, April 9, 2017

Time: 1:00 p.m. - Check-in begins at 12:40 p.m. (check in 20 minutes prior to heat)

The Race: Riders will proceed through the following stations:

- Registration/Check-in
- Final Briefing
- Warm Up
- Heat Start

Two teams will ride simultaneously. Teams will only participate in a heat with another team of the same gender. Teams will be allowed to have a coach in the infield with them. The bikes will be placed lying flat on the cinders at opposite ends of the track in either Turn 2 or Turn 4. The race begins with the teams of four standing 20 feet from their bicycles. When both teams are ready, they are instructed to take their marks. At the sound of the horn, the teams sprint to their bikes and begin the 15 (M)/12 (W) lap race. The two teams chase one another while ultimately competing against the clock. Each team continues to ride until the third rider of the team crosses his/her respective start/finish line. All teams are allowed to drop one rider at any time (assuming the team started with four riders), however once that rider has dropped he/she must exit the track within one lap. If a rider crashes or falls from his/her bike for any reason, it will be the rider's decision whether or not to continue to race. The rider has two options, (1) resume competition immediately or (2) withdraw from the event. Team Pursuit will not stop in the event of an accident. The two teams with the fastest 15/12 lap times will compete in a final Team Pursuit Championship Heat at the end of the night.

Passing Procedure:

- Overtaking teams must pass slower teams on the outside of the track. When a team is about to be passed, they shall, to prevent a collision or hinder the passing team's progress, the overtaken team will heed the yellow flag which signals that the team must cease rotations and remain at the bottom of the track until the passing team has completed its pass. Any failure to follow this procedure shall result in the immediate disqualification of the offending team.



Scoring and Seeding

Scoring for this year's Little 500 Spring Series will be similar to a cross-country race. The team earning the fewest number of points across all three series events will be declared the overall Little 500 Spring Series Champion.

Participation as a team is defined as entering at least three riders in each event. The scores of each team's top three riders are totaled at the end of the event and added to the overall team score. A team is welcome to enter all of its registered riders in an event, but only the top three finishers will be added to the team score.

Individual Time Trials

The riders will be scored as follows: the first place rider receives one (1) point; the second place team receives two (2) points; etc. Scoring will continue until a preset cutoff point, defined as:
(the total number of participants in ITTs)/2

All riders who finish below this point will receive the same number of points, defined as:
(the total number of participants in ITTs)/2

Miss 'N Out

Miss 'N Out will begin with the riders seeded in their preliminary heats based on their finish place in Individual Time Trials. Riders who do not participate in ITTs will be added to the bottom of the Miss 'N Out seeding based on a random draw.

For example, of a 160 participant ITT's, three riders (A, B and C) do not participate in ITTs, but they do sign up for Miss 'N Out, along with the 160 riders who participated in ITTs. Riders A, B and C will be randomly drawn and seeded 161, 162, and 163.

Once all riders are seeded, they will be placed into a single-elimination tournament bracket. In the preliminary heats, the top three riders will advance to the second round of heats. The following rounds will see two riders advance then three will advance from the semifinals to the finals.

Members of the same team may face each other in the first round. Riders will not be shifted from bracket to bracket.

Scoring for Miss 'N Out will be determined by the formula:

- Riders eliminated in the preliminary heat will receive 30 points
- Riders eliminated in the quarterfinals will receive 12-15 points, based on their placing in the heat.
- Riders eliminated in the semifinal round will receive between 7-11 points, based on their placing in the heat.
- Those who make it to the finals will be assigned 1-6 points, depending on the order of their finish.



Team Pursuit

The scoring will be based on the time that each team clocks during its heat. The place that a team finishes in Team Pursuit will correspond to the number of points added to the overall team score multiplied by 4. The fastest two teams will advance to a final heat. The winner of the final heat earns four (4) points, while the second place team in the final heat will earn eight (8) points.

The teams that do not make the finals will be placed in order from 3rd place down to last place based on their initial heat times. The third place team will earn twelve (12) points, the fourth place team earns sixteen (16) points, etc.



Little 500 Qualifications Rules

I. Entrants

Riders on the Qualifications Final Four Cards must log a minimum of 7.5 hours of track time before Friday, March 24th to be eligible to ride in Qualifications.

II. Bicycles

All teams are issued two Little 500 bicycles for practice. Designated qualifications bike(s) must be turned into the Little 500 Bike Shop on **Friday, March 24th between 12:00 and 4:00 p.m.** The bike(s) must meet the specifications established by IUSF. A list of these specifications can be found in Appendix II.

On the day of qualifications, after registration, each team will pick up their bike(s) at the track. After the qualification attempt, the bike(s) must be returned immediately to the IUSF volunteer. During the time the bike is in the possession of the team, adjustments to the bike will not be permitted unless authorized by the Little 500 Cycling Committee or Official Mechanic. The inflating of tires or seat adjustments does not need the approval of the Little 500 Cycling Committee.

III. Qualifications

Qualifications will take place at Bill Armstrong Stadium. The attempt will consist of four consecutive laps, with each designated rider riding one lap. Team qualification starting times will be determined by a drawing supervised by the Little 500 Cycling Committee.

Each team will be informed over the loudspeaker in advance of its qualifying attempt. An IUSF escort will accompany each team throughout its qualification attempt(s). The following steps will be taken, at intervals of five minutes:

1. All team members must report to check-in located at the ticket gate of the Circle of Champions Concourse. At this point an IUSF volunteer will check, verify, and record student IDs and team members' names.
2. Team members report to the turn 2 gate.
3. The team checks their bikes out from the bike corral.
4. The team reports to center of the infield for team picture.
5. The team reports to final warm-up at the center of the infield
6. The team will be instructed to move to the final briefing to go over last minute details and take questions.
7. The team will be instructed to take the track for its qualifications attempt.

No team will ride unless they complete all steps listed above. The penalty for not complying shall be forfeiture of one attempt.

Upon being instructed to take the track, the number one rider will complete one warm-up lap, and upon crossing the starting line the official timing will begin. After one lap, Rider 1 will exchange the bicycle with Rider 2. This exchange must take place within 16 feet of either side of the starting line (a total of 32 feet). White lines will mark the exchange zone.



In making the exchange, Rider 2 must be in complete control of the bicycle before the rear wheel crosses the second line indicating the end of the exchange zone. In order for the judges to determine that Rider 2 is in control of the bicycle, it will be necessary for Rider 2 to have sole possession of the bicycle within the exchange zone.

Rider 2 may not touch the bicycle until the front wheel crosses the first line of the exchange zone. Rider 1 may not touch the bicycle after the rear wheel of the bicycle has crossed the second line of the exchange zone. Either infraction shall result in a foul.

In the case of a full-bike exchange (2 bikes involved), the outgoing rider must place his/her bike's rear wheel against the first line of the exchange zone. The rider must stay stationary until a tag is executed by the incoming rider. The incoming rider must have stopped by the second line of the exchange zone. Neither the rider nor the bike may cross the plane of the second line. Crossing the second line will result in a foul.

The same exchange shall take place between Rider 2 and Rider 3, and Rider 3 and Rider 4. When Rider 4 crosses the finish line, the team's qualifying time will be final unless the attempt has been canceled as outlined in these rules.

No rider may, in any manner, ride into, fall, or run into the infield or the cement gutter while attempting to qualify. The penalty for voluntarily or involuntarily performing said acts will result in the forfeiture of one attempt.

During the qualification attempt, no rider may, in any manner, drop a bike while attempting an exchange. A dropped bike will result in a foul.

IV. Attempts

A. Qualification Attempts: Each team will have three attempts to qualify. If on its first attempt a team is not satisfied with its time, the coach (or designated person) may black flag the attempt as outlined under Miscellaneous Rules A. In this case, the team would then drop two places and report to warm-up (station 5). If the team faults on its second qualification attempt, it will drop down to the end of the day, at which time it will have only one attempt remaining.

If a team INVOLUNTARILY fails to qualify, on the first attempt, they shall drop two places and report to warm-up (station 5). Failure to qualify on the second attempt moves the team to the end of the day for their last qualifying attempt.

B. Mechanical Failure: If after a team has begun its qualification attempt, a mechanical failure renders the bicycle inoperable, this attempt will not count as an official attempt. The Little 500 Cycling Committee and the IUSF Bike Mechanic make the final decision regarding mechanical failures. As soon as the mechanical failure is corrected, the team will immediately return to warm-up (station 5) to continue warming up. A failure caused by mechanical negligence on the team's part or an accident will not be accepted as a true failure and will result in loss of the attempt. Mechanical failures will be accepted as a valid termination of a qualification attempt if one or more of the following conditions occurs during an attempt:



1. Failure of the seat post or seat clamps.
2. Breakage of any part of the frame or fork.
3. Breakage of the stem or handle bars.
4. Puncture of a tire.
5. Breaking of the chain.
6. Failure of the bearings.
7. Failure of wheels.

C. Track Conditions: Any questions concerning the condition of the track are left to the discretion of the Little 500 Race Director.

D. Infield: On the day of qualifications, no one will be allowed on the course except the team qualifying at that time, judges, timers, and officials. All spectators must remain behind the fence circling the outside of the track. The team qualifying will be allowed its four riders and two other assistants in the infield for the qualifying attempt. One assistant must be in the fourth turn to decide a possible black flag and the other assistant can be anywhere else in the infield. Failure to comply will result in the loss of an attempt.

E. Race Position: The thirty-three teams and their order of starting position will be determined by the official times of the qualification attempts. Ties will be decided by the first team to record that time in the fewest attempts. In the event that a qualified team is subsequently disqualified or withdraws, its position will be considered vacant and qualifiers in lower positions shall be moved up accordingly.

F. Failure to Fill the Field: If at the end of the day, thirty-three teams are not qualified, a fourth attempt will be given to all teams which have faulted on their first three qualification attempts. They will only compete for the positions which are open at the end of the regularly scheduled Qualification Day.

V. Weather Postponement

One day is set aside for qualifying. Qualifications to determine the 33 teams for the Little 500 will be conducted on **March 25, 2017**. If weather should halt qualifications after some teams have qualified, the following rules will apply:

1. All teams that have qualified for the race on the first day of qualifications will be given the option of canceling their time and using their time from the second day as their official time.
2. Any team that opts to cancel their time from the first day will be required to do so within two hours after qualifications have been postponed. To exercise this option a team representative must report in person to the IUSF Wilcox House, 1606 N. Fee Lane, within the two hour window. Information concerning the postponement of qualifications will be made available via email, on Twitter @IUSF, or on the IUSF website at www.iusf.indiana.edu.
3. Any team that decides to cancel their first day qualification time will have such a cancellation considered as an attempt called off voluntarily. The individual teams will be responsible for knowing what time qualifications were canceled or postponed.

VI. Miscellaneous Rules

A. Black flag: There will be a roped off area in the fourth turn with an IUSF representative stationed



there. One representative of a team must position him/herself within the boundaries of this area during the team's attempts. If a team elects to call off a qualification attempt (known as invoking the "black flag"), the team representative must inform the IUSF representative to raise the black flag indicating voluntary forfeiture of the attempt before the final rider crosses the black flag line in the fourth turn. The team representative must be within the roped off area to make such a decision, otherwise the IUSF representative will not raise the black flag.

B. If a rider rides in the infield or gutter surrounding the track during an attempt it will count as a fault.

C. All team members must report with their official Indiana University student IDs to Station 1 on the first call 25 minutes before the scheduled first attempt.

D. Teams that do not qualify and who will not participate in any series events must turn in ALL equipment to the Wilcox House by **April 28, 2017** to recoup their \$400 bicycle deposit.

E. The announcer is for the entertainment of the spectators only. The times given over the loudspeaker are not official until the qualification is over. Each team is responsible for keeping their unofficial time for the purpose of black-flagging an attempt.

F. It is every rider's and coach's responsibility to read and understand the preceding rules. Ignorance of the rules and regulations of Little 500 Qualifications is no excuse for non-compliance.

G. Every team will establish a qualifying team (the riders that make the initial qualifying attempt) the same exact team with no additions or deletions will then, if necessary, make qualifying attempts II and III. The only exception is a deletion in case of injury; however, no rider will be allowed to take the injured rider's place. Disqualification will result if the same team members are otherwise not present for attempts II and III.

H. It shall be the responsibility of each team to ensure that its members are familiar with the above stated rules. Infractions of any of the above rules shall make a team, or guilty member, subject to penalty. In case any situation arises that is not covered herein, or there is any dispute in the interpretation of the rules, the Little 500 Race Director with the advisement of the Little 500 Cycling Committee and the Riders Council will make the final decision.

I. Decisions of IUSF officials are final.



Little 500 Race Rules and Regulations

Note: Teams are responsible for having all riders' and student coach's IU student identification cards with them on race day. Positive identification of the riders and student coach is required. Any team in violation of Little 500 rules regarding ineligible personnel is subject to an unsportsmanlike conduct penalty at the discretion of the Chief Steward.

I. Course

The race shall be 50.95 miles in length (25.47 miles, women). The race surface is the 410-meter cinder track at Bill Armstrong Stadium on the campus of Indiana University. On this course, two hundred laps (100, women) shall be the equivalent to 50.95 (25.47, women) miles. The teams will not be allowed to practice on the track the day before or on race day.

II. Entrants

Entrants in the race shall be the thirty-three teams that post the fastest official times at Qualifications. Order of the starting line-up shall be determined by the qualification time from front to rear and inside track to outside track.

Each team may consist of a maximum of ten riders. Any four of the ten listed riders may ride.

Riders on the Little 500 Final Four Cards must log a minimum of 17.5 hours of track time before Thursday, April 20th to be eligible to ride in the Little 500. The names of the final four riders who will ride in the race must be submitted to the Indiana University Student Foundation at the Final Race Briefing the Monday immediately before the race.

Once teams have submitted their final four cards, there shall be no substitutions allowed except as granted by the Little 500 Race Director and members of the Little 500 Cycling Committee. If during the race, the team loses the services of a rider(s), the team must continue with its remaining race riders.

Each team will be assigned a number to correspond with its position in the starting line-up. This team number will be attached to the frame of the bicycle in a manner prescribed by the Little 500 Cycling Committee.

III. Bicycles

Bicycles to be used in the race must comply with the parts specifications list found in Appendix II. No alterations of the bicycle are allowed except by permission of the Little 500 Cycling Committee. All bicycles and spare parts to be used on race day must be turned into the Bike Shop on the Wednesday immediately before the race by 7:00PM (women) and the Thursday immediately before the race by 7:00PM (men) where they will remain in the possession of the IUSF until race day. After the race is completed, all timing chips must be returned to IUSF before leaving Bill Armstrong Stadium.



IV. Pits

Each team will choose a pit, according to their qualification position, along the circumference of the track. These pits will be sixteen feet long. An area measured six feet from the retaining fence will be designated for the team members' use (i.e. chairs, warm-up, etc.). No exchanges will be allowed within this area. Each team is allowed to have a maximum of 6 people in their pit on race day—the registered four riders who will ride in the race, one coach, and an undergraduate student coach—as well as one registered mechanic on the infield in a roped off team servicing area. One rider will be allowed in the infield with the “B” bicycle. All others associated with the bike team must be situated behind the fence. It shall be the responsibility of the pit crew to supply all needs of the team and to aid in the servicing of the team's bicycle.

V. Exchanges

Each team shall be required to complete exchanges (10 for men) (5 for women) during the course of the race. It will be the team's responsibility to check with their track judge to determine if they have fulfilled the requirement. During an exchange, the outgoing rider cannot touch the incoming bike until it has reached the front line of his/her designated pit area. The exchange must be completed within an area of thirty-two (32) feet (your pit and the pit directly following). In case of a full-bike exchange (2 bikes involved), the outgoing rider can place the rear wheel of his or her bike against the back line of the preceding pit. The rider must stay stationary until a “tag” is executed by the incoming rider. The incoming rider will have until the end of their team's pit to stop the incoming bike. Failure to complete the exchange in the designated area will result in the continuation of the lap by the incoming rider.

A retaining line will be used as a guide to making exchanges. This line will be eight (8) feet from your designated pit area mentioned above in section IV. The remaining twenty-four (24) feet of track will be used for racing purposes. EXCEPTION: When adjacent teams are exchanging simultaneously, one team may step out beyond the restraining line to complete the exchange as long as they do not impede the progress of any other team in the race.

The teams involved will decide which rider uses the exchange area and which rider steps out. Proper exchange etiquette designates that the lead exchange should be completed in the position nearest the infield.

Incoming riders must stop within their pit area. Another team or pit crew member may not stop these riders.

VI. Line-Up

Bicycles will be lined up for the pace lap in the order specified in Section II of these rules. All starting riders will be mounted and ready to ride before the pace lap. Once riders have mounted their bicycles, no crewmember will be allowed on the track.

VII. Pace Lap

One photographer's lap and one warmup lap will immediately precede the actual pace lap and start the race. Teams will follow the pace car around the track for one lap in the order of the starting line-up. On



the pace lap, the pace car will maintain a steady speed until it reaches turn two at which time it will gradually increase its speed. Riders will also speed up, but they must maintain their position. Failure to comply with this will be deemed as failure to observe flags found in Section X of the rules. As the first row of riders crosses the start line, the official starter will wave the green flag. The race starts for each team as its row crosses the starting line. If a wreck should occur on the pace lap, the rider should inform one of the judges stationed around the track, in which case the green flag will be delayed.

VIII. Flags

The race will be controlled by the use of official flags, and it is the responsibility of every rider and pit crew to understand the meaning of each flag. Failure to observe flags will result in penalties. The flags and their meanings are as follows:

GREEN.....	Starting signal, clears course
BLACK.....	Ride on the outside of the track
RED.....	Stop; race is halted
YELLOW.....	Ride with caution and maintain position
BLUE WITH ORANGE STRIPE.....	Bicycle attempting to pass
WHITE.....	You are starting your last lap
CHECKERED BLACK AND WHITE.....	You have completed the race

IX. Conduct

Student riders and coaches will be expected to conduct themselves in a sportsmanlike manner when riding and in the pit areas. When riding, team members will be expected to compete fairly without hindering other riders in any way or improving their position in an unsportsmanlike manner.

When not riding, team members should remain in their designated pit area. Walking to other pits must be avoided because such actions jeopardize the safety or position of another team. One rider may carefully cross the track only when there has been a team accident. No permission is needed from the judge. However, impeding the progress of another rider shall subject the offending team to a penalty as judged by the Chief Steward.

Radios, cell phones, and other electronic communication devices are allowed within the pit to be used by the pit crew. The use of these devices by any rider on the bicycle is strictly forbidden. Any rider and team found violating this policy will be subject to a 20-second penalty.

X. Penalties

If in the opinion of the officials, teams are guilty of violation of these rules, they shall be penalized for no less than two (2) seconds. This time will be spent in the penalty box located near the start line. Penalties issued during the race must be served within 10 laps of it being announced. Penalty times shall be as follows:

1. Impeding another team (including the team rider and pit crew) 5-20 seconds.
2. Failure to observe flags, 2 seconds.
3. Creeping will not be tolerated. Track position and relative distance to the leader must be maintained during caution conditions signified by the yellow flag. The team leading the race



at the time that the yellow flag is displayed shall be responsible for setting a safe pace. No team shall be penalized for creeping, if in the opinion of the judges, the team is making a sincere attempt to keep pace with the leading team. The Chief Steward will have the option of increasing a creeping penalty upon the severity of the foul.

4. Illegal exchange from bicycle "A" to bicycle "B", 2 seconds.
5. Illegal exchange and unnecessary riding through more than three pits for an exchange, 2 seconds.
6. Unsportsmanlike conduct, 5-20 seconds, depending on severity.
7. Failure to complete ten/five exchanges as required will result in a one lap penalty for each of the exchanges NOT completed.
8. Other infractions not covered will be left to the discretion of the Chief Steward, with the consultation of the judge involved.

The penalty box is located immediately after the start/finish line. Teams will have 10 laps to serve their penalty after it is announced. To serve a penalty, the rider must completely dismount from the bicycle once in the penalty box and wait until the judge determines the penalty is over. Once the judge indicates, the rider will be allowed to mount the bicycle and continue the race.

XI. Safety Zone

Ten feet from the inside of the track, on the infield, will be a white line. The area between this line and the track will be the safety zone with only the following authorized persons in it:

Chief Steward
Safety Officials
First Aid Personnel (after accidents only)
Injured Riders, Reentering the race under the direction of an inspector
Team Mechanic
IUSF staff

Safety Officials and first aid personnel clearing the track after an accident will remove all damaged bicycles from the safety zone as well as the track. The Safety Officials have the authority to give the team mechanics permission to assist with the clearing of the track.

XII. Accidents

On the Wednesday (women) or Thursday (men) before the race, each team must hand over the two issued race day bicycles and any spare parts to be used on race day. The Little 500 Cycling Committee will tag bikes and parts with a race number. Prior to the start of the race, the bikes and spare parts will be placed in each team's pit.

Each team will be allowed to use the "A" and "B" bikes for the team warm-up period. Once the warm up period has concluded, bicycle "B" will be left in the mechanic area on the infield. The team mechanic will be allowed to stay in his team's area during the race. He or she may leave the mechanic area only in the event of an accident, to go to the Little 500 Cycling Committee on business, to go to the first aid tent to see an injured rider, or to take a bicycle to the pit. When taking a bike to the pit, the team mechanic may stay in the pit for no longer than two laps. No team will be allowed to use another team's bicycle. The IUSF Mechanic will provide a third bicycle in case both bikes "A" and "B" are damaged beyond



repair.

Should any accident occur during the race that hinders the normal progress of the race or endangers the safety of the riders (as decided by the Chief Steward), the safety officials stationed around the track will display the yellow flag. At this signal the riders must slow their pace and maintain their respective positions.

The rider in the first position at the time the yellow flag is displayed will set the pace, reduced to a speed satisfactory to the judges. Any distance lost as a result of an exchange cannot be made up under the yellow flag. Any attempt to improve position in respect to the leading team while the yellow flag is out constitutes creeping and is grounds for a minimum penalty of 2 seconds. After display of the yellow flag, a green flag will signify a clear track and normal riding may be resumed. This flag will be displayed to the lead riders as they cross the start/finish line.

When an accident occurs and the yellow flag is displayed, the safety officials near the accident will clear the track and check to see if all the riders involved in the accident are able to continue in the race. Riders that are not seriously injured will be allowed by the safety officials to continue in the race provided that their bicycles are still operable. The decision concerning the condition of the bicycles or riders will be left to the riders/teams themselves. As soon as the pit knows that its team has been involved in an accident, one rider from that team may carefully cross the track and proceed to the accident. An impeding penalty will be imposed if the rider crossing the track interferes with the normal progress of another team. The team mechanic may also leave his or her area and proceed with the B Bicycle to the scene of the accident. If both the rider and the bicycle involved in the accident are back in the race, the substitute rider must return to the pit and the mechanic should return to his/her area.

If the rider is injured and the bicycle is not functional, the new rider and/or the new bike must re-enter the race in the area of the accident and at the direction of the safety officials or judge. The team mechanic will take any damaged bicycle to the IUSF Neutral Mechanic. If the bike cannot be repaired promptly, the Neutral Mechanic will give the team a new bike. The team mechanic will then return to his/her area with the bicycle as soon as possible. If the team mechanic is occupied when another accident occurs, the replacement rider will have to take the replacement bike with him to the scene of the accident.

If a team changes back to a repaired bicycle or to its "B" bicycle later in the race, the team mechanic may cross the track to the pit with the repaired (or "B") bicycle. The exchange of the bicycle will consist of a tag between the incoming rider and the outgoing rider, with the incoming rider completely stopping the incoming bicycle before the end of the team's pit. When the tag is made, the outgoing rider may enter the race. In no event shall the student coach or any other member of the exchanging team touch the incoming bicycle or rider in an effort to stop the said rider or bicycle during the course of the bike exchange.

These rules should cover all types of accidents. If the team mechanic is unsure of what should be done, he/she should ask the nearest judge for instructions.

XIII. Entering the Infield

The cement gutter around the inside of the track is not to be ridden on. This is considered part of the infield. If a team is forced onto the gutter and into the infield it may enter back onto the track at the



direction of the safety officials. Any team attempting to improve its position by riding through the infield will be given a penalty.

XIV. Termination of the Race

The Chief Steward has the authority to delay the start or stop of the race temporarily once in progress if safety requires such action. Moreover, the Chief Steward shall have the authority to terminate the race before its scheduled finish if an emergency demands it. The Chief Steward may call the race completed after three or more bicycles have finished the race. Bicycles flagged down as a result of such decision will earn finishing position according to the number of racing laps completed by each team at the time the race is considered completed.

When the winning team receives the checkered flag, each team will finish their current lap and then return to their pit. The finishing order will be determined by when each team crosses the finish line subsequent to the winner. After the final lap, riders should circle the track and report back to their pits.

At lap 190 (90, women), all riders not on the lead lap will be asked to move to the back or exit the pack. A lead pack would consist of three or more riders within the same general area attempting to win the race. Should a team not in contention for victory fail to comply at that time, it may be considered an impeding violation.

If a race is temporarily stopped, and if the Chief Steward rules that the full 200/100 laps cannot be completed then 101/51 laps shall constitute a complete race. If less than 10 laps are completed, there will be a re-start at lap zero in order of each team's qualifying position, when the race resumes.

In the event of a photo finish or a finish in which there is a ruling by the Chief Steward affecting the winning team, the Chief Steward will make a call on the field. The finish will then be reviewed by the Chief Steward and the Little 500 Race Director. All teams in contention for the victory will be informed of the Steward's and Race Director's final decision and the team's finishing order before leaving the race track. It is the authority of the Chief Steward to decide if the finish needs to be reviewed. All decisions of the Chief Steward are final.

XV. Officers of Little 500

Little 500 Cycling Committee: It shall be the duty of the Cycling Committee to inspect the race facilities, secure the designated officials, check rider eligibility, and make rules necessary in order to conduct the race in the safest, quickest, and simplest manner.

IUSF Little 500 Race Director: The IUSF Little 500 Race Director is responsible for overseeing all administrative duties and general management of the race.

Chief Steward: The Chief Steward shall decide all questions relating to the actual conduct of the race for which resolution is not otherwise provided in these rules. He/she shall have the power to disqualify any rider from further competition in the race for unsportsmanlike conduct. He/she will have the power to assess penalties. The Chief Steward's decision shall be final and no appeals shall be considered.

Judges: Judges (17) shall be stationed at regular intervals around the track and will report all irregularities to the Chief Steward. The duties are as follows:



1. To report riders who impede others in any way
2. To report riders who improve their position in an unsportsmanlike manner
3. To report riders who enter or leave the track illegally
4. To report teams who do not change riders within the prescribed zone
5. To report any unsportsmanlike practices of non-riders

Chief Observers: The three observers will be stationed in observation towers, one each on the front and back straights. Their main duty is to aid the Chief Steward in the enforcement of the race rules. The observers' duties parallel those of the judges and because of their high vantage point their observations will be used to clarify and support those of the judges. The Chief Steward may also rely on the observers to determine if the severity of an accident warrants display of the yellow or red flags.

Marshals: The Marshals shall consist of the Little 500 Cycling and Pre-Race Steering Committee members. They will have the duty of keeping the grounds, track and infield free from persons except officials and any other persons permitted by the IU Student Foundation.

Timers: Each team will have two timers observing the team during the race. One timer will be provided by IUSF, and one timer will be provided by the team. These people will sit in the press box and will be responsible for lap counting, timing, and seeing that the penalty laps are enforced. The head timer shall announce at various times during the race the elapsed times of the leading teams.

Starter: The starter is responsible for giving the following flag signals:

1. Start the race
2. Stop for consultation
3. Race is halted
4. Ride with caution and maintain position
5. Bicycle attempting to pass
6. Starting your last lap
7. Finish of the race

Safety Officials: The duties of the safety officials are as follows:

1. Clear the track of accidents
2. Control re-entry to the track
3. Point out to the judges any infractions that occur
4. Responsible for the immediate safety of the riders
5. Escort injured riders to the Medical Tent
6. Observation of the safety officials shall not be sufficient grounds for the imposition of penalties unless cleared by the judges

XVI. Miscellaneous Rules Governing the Race

Pre-race penalties: In order to insure the race is well organized, certain requirements are imposed on teams during the pre-race period. These include attendance at meetings, completion of each student coaching requirement, completion of rookie hours and pit boards, final four cards, etc. Failure to complete these requirements by the deadline will result in a 2-second penalty for each infraction. This penalty must be served within the first 20 laps of the race. In the case of more than one pre-race



infraction, the penalties can be combined into one stay in the penalty box.

Any action not covered in these rules and regulations shall be within the purview and discretion of the Chief Steward and Judges. Any team which has been found to violate the rules can be penalized after the completion of the race by adding the prescribed amount of time to the team's finish, by deducting laps, or by disqualification.



Rules Change Procedure

If the need arises for a substantive change to the Manual race rules and regulations, a rider, team or group of riders (herein referred to as a “party”) shall complete the electronic Rules Change Form found on the IUSF website and use the following procedure.

A party must successfully complete the following steps and receive approval for a rule to be amended:

1. Check the Little 500 Team and Rider Manual for existing regulation.
2. Identify a need for an amendment.
3. Clearly articulate the goal of the amendment and submit it electronically via the Rule Change Form to the IU Student Foundation by March 31, 2017:
 - a. The party must note all the sections in the Manual that would be affected by the change.
 - b. Speak to why the rule exists.
 - c. Discuss why the rule needs to be altered now.
 - d. Discuss the long-term effect it will have on the event.
 - e. Present the strengths and weaknesses related to both the existing and proposed rule.
4. Present an oral argument at an official Riders Council meeting to gain support for the rule amendment on May 1, 2017.
 - a. Procedure for Riders Council investigation moderated by IUSF Assistant Director, Little 500 Races:
 - i. Conduct a roll call of attendance.
 - ii. The IUSF Assistant Director, Little 500 Races will give a review of the current affected regulations in the Manual and their histories.
 - iii. The party will give an oral presentation on his/her written amendment.
 - iv. The meeting will be opened up for questions directed to the party.
 - v. At the conclusion of the question period, Riders Council will have time to debate the issue privately.
 - vi. At any time, Riders Council members may make a motion to vote on the amendment or propose changes to the amendment before moving to a vote.
 - vii. After the motion is seconded, Riders Council will end discussion and officially move to a vote.
 - viii. A two-thirds majority of the present Riders Council will constitute approval of the motion.
5. The IUSF Assistant Director, Little 500 Races will then bring the case to the attention of the Little 500 Rules Board on May 31, 2017.
 - a. The Little 500 Rules Board consists of:
 - i. The Little 500 Chief Steward.
 - ii. One Little 500 Judge.
 - iii. One representative of the IU Foundation.
 - iv. One representative from the IU Foundation Board of Associates.
 - b. The IUSF Assistant Director, Little 500 Races will present the history and intent of the original regulation and the argument in favor of changing the rule.
 - c. The Little 500 Rules Board will debate the proposal.
 - d. The board is allowed to pose questions and make changes to the amendment.
 - e. The board will make a motion to move to a vote.



- f. A majority vote will constitute approval.
 - i. A tie will result in denial of the amendment.
6. Upon approval by the Little 500 Rules Board, the recommendations will be given to the IU Student Foundation Director, who will have ultimate veto power. The IUSF Director must sign off on the amendment for it to be implemented.
7. Once the IU Student Foundation approves the amendment, the IUSF Assistant Director, Little 500 Races will make the necessary changes in the Manual. The Assistant Director will also provide the Little 500 riding community with a reasonable notice of the changes by the start of the subsequent Little 500 season.
 - a. Reasonable notice:
 - i. Two written announcements.
 - ii. One oral announcement.
 - iii. Changes noted at the top of the following year's Manual.
 - iv. Changed highlighted in red in the following year's Manual.
8. If at any time throughout the process, the amendment is denied, the party will receive notice in writing within three business days of the decision.



Little 500 Riders Manual Appendix

Appendix I: Little 500® Team Checklist

All of the electronic forms found on the IUSF website must be completed **by February 3rd**. Additionally, payment of \$100.00 for team entry and a \$400.00 check made out to the IU Foundation for the Little 500 bike deposit must be received by IUSF no later than **February 3rd**.

1. _____ Each team member must read and understand the entire Little 500 Rider Manual particularly: Important Rule Changes, Little 500 Policies, Little 500 Eligibility Rules, and Practice, Qualification and Race Rules.
2. _____ Official Little 500 Participant Registration Form and Waivers (one for each prospective rider and student coach)
3. _____ Team registration form
4. _____ Entry fee--\$100.00 (pay online or at the Wilcox House)
5. _____ Little 500 bike deposit--\$400.00 payable to "IU Foundation"



Appendix II: Schwinn Little 500 Bicycle Specification List

Below is a comprehensive and specific list of permitted modifications to all Little 500 qualifications and race bikes. All parts must be Schwinn ISSUED, except as noted below. In case of questions, approval must be given by IUSF for additional changes. Failure to comply will result in a penalty being assessed during the race.

1. RIMS: Both front and rear wheels may be steel or aluminum. 36-hole spoke and must both be 700c. No aero rims with a greater profile than 26 mm (one inch) are allowed.
2. SPOKES: Must be round and of steel, no alloy nipples are permitted. Radial spokes are not permitted. Two, three or four cross patterns are acceptable. Spoke gauge must be 14. Double butted are permitted.
3. TIRES: Must be team-issued Panaracer Pasela ProTite 700 x 32c clincher, Panaracer Pasela PT 700 x 32c clincher, or Panaracer Pasela TG 700 x 32c clincher tires.
4. FRAME AND FORK: Only current issued and approved frames and forks are allowed. The frame and fork cannot be tampered with or altered in any way.
5. STEM AND BARS: Bars must be of standard dropped shape and taped and plugged. They may be any steel or alloy bar and stem.
6. HEADSET: May be of any steel or alloy.
7. CRANK: Must be steel or alloy, one-piece crank with factory specified length between 165-175mm.
8. PEDALS: Stock issued or rubber pedals can be of any width. No steel rat traps, toe clips, or any other foot-clinching device on the pedal or the rider's shoe is allowed. Furthermore, shoes must have their natural sole. Any alteration must be approved.
9. CHAIN: There must be at least 1/4" clearance from the front edge of the rear axle bolt to the end of the dropout. Chain must be 1/8" width.
10. Chain Ring: Any steel or current Schwinn stock issued 46 chain ring is allowed.
11. REAR COG: Any steel (18) cog is allowed for the men's race. Any steel 18 cog is allowed for the women's race. Teeth may not be ground down.
12. SEAT POST: Any steel or alloy post is allowed and must be inserted to minimum insertion marked on post or 3" (whichever is longer). Seat post diameter is 27.2.
13. SEAT CLAMP: No quick release seat adjusters will be allowed.
14. SEAT: Seat is up to your own preference. A steel railed seat is suggested for safety.
15. Bottom Bracket: Must be one-piece type bottom bracket. Sealed mechanisms are allowed, while



sealed bottom brackets are not. No loose bearings are allowed.

16. HUBS: Rear hub must be a single speed coaster brake type. Both hubs must be bolt-on type. No quick releases allowed. Precision sealed bearing mechanisms prohibited.

All decisions of the Bike Shop and IUSF are final.



Appendix III: Little 500® Rider Awards

The following is a list of all the scholarships and awards available to Little 500 riders. Some require applications, while others are determined by a peer vote or the IUSF Little 500 Awards Committee. The following explanations should give you a better understanding of each award. Applications for the awards will be available after qualifications.

All-Star Rider Awards

There are eight recipients of this award for both the men and women. The criteria to be an All-Star Rider include: excellent performance in the race and series events, being a leader during practice by helping others, and congeniality. The recipients are determined by a peer vote.

Rookie Rider Awards

This award is given to the top four first time riders for each race. The award is based on riding skill and safety, number of laps ridden in the race, qualification lap times, and performance in the Little 500 Series events. The recipients are determined by a peer vote.

Hall of Fame

A special standing committee elects Hall of Fame riders with ratification from 1/2 of the team vote at the Victory Banquet. A rider may also be elected into the Hall of Fame by a 2/3 write in vote at the Victory Banquet.

Bernard L. Loft Award

This award is given to the men's and women's teams that best exemplify sportsmanship throughout the Little 500 season.

Dixie Highway Award

This award is given to the men and women's teams who improve their place the most from start to finish.

Howdy Wilcox Pole Position

This award is given to the pole position teams.

